

# Advancing

THE BETTY IRENE MOORE SCHOOL OF NURSING AT UC DAVIS / November 2015

## FREDERICK AND ERDA M. HARROLD FAMILY ENDOWED SCHOLARSHIP

*Planting the seed for future nurses*

### BELIEVING THAT THE NURSING PROFESSION

is an honorable one and hoping to pave the way for future nurses, Frederick Harrold chooses to invest in the Betty Irene Moore School of Nursing at UC Davis. Harrold and his sister, Martha MacBride, established the La Rue Frederick Scholarship for Nursing in 2014 to honor the contributions of their mother, who served as a nurse in France during World War One. This year, Harrold endowed a second scholarship.

"Because of my mother, it was a natural jump to help future nurses meet the financial obligation of their education," Harrold said. "I appreciate the talent at UC Davis."

This fall, Alicia-Jay Esposito, an experienced oncology nurse, became the first recipient of Harrold's generosity. Next fall, another incoming graduate student will



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benefit from the newly created Frederick and Erda M. Harrold Family Endowed Scholarship. "I am so pleased with the school's curriculum," Harrold explained. "The ideal recipient of this scholarship would be a nurse who wants to become a nurse practitioner, but cannot afford to do it because of financial commitments." "We are grateful that Mr. Harrold has twice selected the School of Nursing to recognize the important role of higher education for nurse leaders," said Heather M. Young, founding dean. "Endowed scholarships attract students of the highest caliber who will lead the transformation of health care."

Harrold hopes the gift — named after him and his late wife of 62 years, Erda — multiplies like a seed.

"I hope these graduates will encourage others to pursue graduate school," Harrold said. "A flower with the most seeds regenerates the most flowers. That's true in health care, too." ♦



## A COMMUNITY OF CAREGIVERS

**FOUNDING DEAN HEATHER M. YOUNG**

**ONE THIRD OF AMERICAN HOUSEHOLDS** fall within the realm of caregiving, from caring for aging parents to assisting a partner with complex health needs. Many caregivers are balancing this role with other important roles within the family and in the broader community. While every carer's experience is unique, many share common feelings and concerns. Cultural and generational beliefs and expectations shape the experience and bring meaning to providing care.

Faculty at our school partnered with colleagues at AARP to review research on multicultural caregiving, to identify the gaps and opportunities to develop

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## ADVANCING THE VISION

*Sallie-Grace Tate, Assistant Dean for Advancement*

**FALL FINDS US** welcoming new students, adding to our research portfolio and anticipating a milestone in the growth of the school: breaking ground on Betty Irene Moore Hall, the future home to the School of Nursing.

In September, nine new doctoral students and 25 students pursuing master's degrees in leadership joined 39 future nurse practitioners and physician assistants who began coursework in July. Thanks to growing financial support, we awarded scholarships totaling more than \$145,000.

So far this year, our faculty received grants totaling more than \$1.4 million for research projects, including using mobile technology to coordinate cancer care, preparing care navigators to assist people near the end of life and improving quality of care at long-term care facilities.

As we continue to share the vision and innovation behind Betty Irene Moore Hall, I hope you will join us on Nov. 10 for the groundbreaking celebration on the UC Davis Sacramento campus.

Together, we are building a strong foundation and bright futures. ♦

## SCHOLARSHIP RECIPIENT PROFILE: VICTORIA MARIE CONLU

*Graduate student's quest to answer the 'why' brings her to UC Davis*

### VICTORIA MARIE CONLU'S

passion for journalism shaped her San Francisco-Bay-Area-high-school experience. Before she ever graduated, she earned the inaugural Campaign for College Opportunity Scholarship and a job with the Contra Costa Times. Conlu's hunger for higher education and quest to change health systems led her to the nursing profession and the master's degree leadership program at the Betty Irene Moore School of Nursing at UC Davis.

"In nursing school, classmates questioned my interest in public health," Conlu recalled. "But I wondered why certain groups of people kept coming back to the hospital and how other resources might keep them healthy?"

Finding answers to her many questions nagged at the journalist



**"I think every nurse needs to be a journalist and investigate why things are happening to people."**

—VICTORIA MARIE CONLU

in Conlu. Today, as a public-health nurse with Child Welfare Services at the Health and Human Services Agency in Yolo County, she works with families to get to the root of their problems.

"Sometimes we put Band-Aids on issues that need to be investigated deeper," Conlu explained. "Coming to the School of Nursing is the next step in my progression."

Conlu was awarded the inaugural National Advisory Council Endowed Scholarship, a newly endowed

fund established by the School of Nursing's volunteer council representing all facets of national health care leadership.

"To think there are volunteers who care enough about changing health care that they would invest their resources into people like me, it's amazing," Conlu said. "I think every nurse needs to be a journalist and investigate why things are happening to people, then share that knowledge with others." ♦

## DID YOU KNOW?

• **29% of the U.S. adult population provides care to someone who is ill, disabled or aged**

Since the current health care system often fails to meet older adults' needs, School of Nursing researchers work to find models of health care delivery that provide high-quality and cost-

effective care for older persons and prepare future providers for new roles required under these models.

### QUESTION:

*What do you think are the most pressing issues for family caregivers?*

Send your thoughts to Sallie-Grace Tate: [sgtate@ucdavis.edu](mailto:sgtate@ucdavis.edu) ♦

## RESEARCH SPOTLIGHT: NAVIGATING END-OF-LIFE CARE

**WHEN THE END** of a loved one's life approaches, family, friends and caregivers face a barrage of emotions and checklists. In hopes of improving the quality of life for those nearing its end, the Alameda County Care Alliance launched an innovative church-based care navigator program for congregants and their caregivers. Alliance leaders then reached out to experts from the Betty Irene Moore School of Nursing at UC Davis to develop a health-coaching model to train care navigators, as well as design and implement an evaluation of the program.

"Clergy at five area churches told us they spend a large portion of their time counseling congregation members with advanced illnesses," said Cynthia Carter Perrilliat, executive director of the alliance in Oakland, California. "We set out to ascertain the concerns, needs and resources of the community."

A care navigator is someone who provides personal guidance

as individuals manage a health condition or move through the health care system. The alliance's pilot project trains clergy and other congregation members as community care navigators.

"What this program does is to put people at ease and understand they're not by themselves," explained Bishop J.W. Macklin of Glad Tidings Church of God in Christ. "We want to get them over their fears."

"Research driven by the community and led by members within that community offers great promise for replication and sustainability," added Janice Bell, associate professor at the School of Nursing.

The partnership supports the School of Nursing's focus on working with communities to understand their needs, then develops solutions to meet those needs. Researchers hope to reduce health disparities and improve quality of life beyond this one community.

"We are part of the team invited to the table to think about how we grow this," explained Jill Joseph,

School of Nursing associate dean for research. "So that families can understand what they want, say what they want and get what they want, when dealing with the end of life." ♦

## A COMMUNITY OF CAREGIVERS

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approaches to support family caregivers in culturally sensitive ways. From this review, it became clear that we must develop, implement and evaluate approaches that provide the kinds of supports that caregivers actually need and, at the same time, build community capacity to support caregiving as an often invisible and commonly isolating contribution.

School of Nursing Assistant Professor Carolina Apesoa-Varano, a sociologist whose research is dedicated to advancing health for older people, currently leads a study to understand the experiences and needs of Latina caregivers of older family members with dementia. She hopes to develop a socio-culturally informed non-kin intervention model for reducing emotional distress and burden based on the recommendations from family caregivers and other key stakeholders.

Associate Dean for Research Jill Joseph and Associate Professor Janice Bell and are partnering with members of the faith community in Alameda County to enhance capacity of members of congregations to support family caregivers. In late August, the churches came together for a blessing of family caregivers, bringing their contributions forward for affirmation and celebration. We join these leaders in recognizing and appreciating all caregivers among us. ♦



Family caregivers celebrate contributions at church gathering in Alameda County.

## L A T E S T N E W S

### **Fifth graduate program nears reality**

**THE MASTER'S ENTRY PROGRAM IN NURSING**, the fifth graduate-level program at the School of Nursing, is two steps away from becoming a reality. This accelerated program offers the quickest route to registered nursing licensure for adults who already completed an undergraduate degree in another discipline and prerequisite courses to transition into the nursing profession. School leaders anticipate welcoming students in summer 2016.

### **Betty Irene Moore Hall groundbreaking**

**A GROUNDBREAKING CELEBRATION** for the \$50 million, 70,000-square-foot Betty Irene Moore Hall



is set for Nov. 10 on the UC Davis Sacramento campus. The program, featuring leaders from the School of Nursing, UC Davis, UC Davis Health System, along with the Gordon and Betty Moore Foundation, begins at 1:30 p.m. You may R.S.V.P. online at the website [sonrsvp.com](http://sonrsvp.com). Once complete in fall 2017, Betty Irene Moore Hall will feature collaborative learning spaces and state-of-the-science simulation suites to support interprofessional education.

### **Welcome new students**

**THE SCHOOL OF NURSING** welcomed 73 new graduate students at ceremonies earlier this year. In July, aspiring nurse practitioners and physician assistants received their white coats at a special ceremony. In September, students pursuing doctoral and master's degrees in leadership attended immersion week and began their course of study. Students in this year's classes range in age from 23 to 53 and are from as close as Sacramento and as far as Florida.

*To learn more about these advancements at the School of Nursing, contact Sallie-Grace Tate at [sgtate@ucdavis.edu](mailto:sgtate@ucdavis.edu) or 916-734-2783.*

## Engage with us.

### BY THE NUMBERS

- 151 Current students
- 135 Alumni
- 4 Graduate-degree programs
- 38 Scholarships
- Top 25 percent of nursing schools in U.S. News and World Report's "2016 Best Graduate Schools"
- 50-plus community partners and collaborators
- 150 clinical sites for student rotations

Together, we build a strong foundation and bright futures.

[Visit nursing.ucdavis.edu](http://visitnursing.ucdavis.edu)

Prefer to receive email updates? Drop a line to [BettyIreneMooreSON@ucdavis.edu](mailto:BettyIreneMooreSON@ucdavis.edu).