What is the difference between Evidence-based Practice and Research?

Research - what it is:

- Diligent, systematic investigation to validate and refine existing knowledge and generate new knowledge (Burns & Grove, 2009)
- An Institutional Review Board approved study
- A formal focused investigation into a specific topic approved by our IRB

Research - what it is not:

- Informally looking into a topic
- A brief literature review

Examples of current Nursing Research Projects:

- Dialysate in the hospital setting comparison of KT/V vs SVKT/V – Dialysis Unit
- Measuring the Effectiveness of Flexible Multidisciplinary Hourly Round Fall Prevention Program – Davis 11
- Restraint reduction in the ICU setting – MSICU
- A comparison of Pressure Mapping of 3 Operating Room surfaces – OR
- Utilization of Flexion Extension Films in the Clearance of Cervical Spin Injuries in Blunt Trauma Patients: A Comparison of Flexion Extensions and Negative CAT Scans in the Trauma Population – APN
- Developing Mentoring Relationships Across a Cancer Network to Improve Quality of Care — Cancer Center Network