Plate Guard
Assistive Devices

Soap on a Rope
Bath and Shower

Tub Transfer Bench

Shower Chair
ComMODES

Commode Shower Chair

3-in-One Commode
Choosing Footwear

- **Recommendations for choosing dress/casual shoes:**
  - Firm heel
  - Forefoot should be bendable
  - Velcro or elastic shoelaces for ease of application
  - Wide heel base for increased stability
  - 1” heel height
  - No thick soles
  - No thick toe grips
  - Thick toe grips and soles can catch and lead to falls
**4-Wheeled Walker & U-Step Walker**

**Functions of Walkers:**
- To improve balance
- Provide greater stability
- Helps to maintain natural walking pattern

**Disadvantages:**
- Can be cumbersome
- Cannot be used safely on stairs
- Can be difficult or awkward to maneuver through some areas
Wheelchairs