Pain Management
California Business and Professions Code (Section 2190.5) requires physicians and surgeons to complete 12 hours of mandatory continuing education on pain management and the treatment of terminally ill and dying patients. Physicians licensed prior to January 2002 were to have completed this requirement by December 31, 2006. Physicians and surgeons licensed on or after January 1, 2002 must complete this requirement within 4 years of their initial license or by their second renewal date, whichever occurs first.

Cultural and Linguistic Competency Requirement
All continuing medical education (CME) courses with patient care components are required by California State statute to include curriculum on cultural and linguistic competency in the practice of medicine (California Business and Professions Code, Section 2190.1). Those who have developed this UC Davis CME activity have been encouraged to address cultural and linguistic differences for a diverse patient population related to this topic. A variety of resources are available that address these competencies. Additional resources and information can be found on our website, http://cme.ucdavis.edu.

Geriatric Competency Requirement
The Geriatric Medical Training Act of 2000 requires general internists and family physicians caring for a patient population in which 25 percent or greater are 65 years old or older must complete at least 20 percent of all mandatory continuing education hours in geriatric medicine or the care of older patients. (California Business and Professions Code, Section 2190.3)
RESOURCES

A. Major Resources
1. University of California-Center for the Health Professions
2. Kaiser Permanente National Diversity Department:
   http://kphci.org/resources/links.html
3. The Office of Minority Health
   http://www.omhrc.gov
4. California Academy of Family Physicians:
   http://www.familydocs.org/multicultural_health.php
5. Institute for Medical Quality:
   www.imq.org
6. On-line dictionary providing translations into 25 different languages:
7. Foreign Language Assessment Guide (F.L.A.G.), Produced by Medi-Flag Corporation
   www.medi-flag.com

B. Hospital Care
   http://www.naph.org/Template.cfm?Section=The_Safety_Net_Archive&template=/ContentManagement/ContentDisplay.cfm&ContentID=3407
2. Andrulis DP. “Study of How Urban Hospitals Address Sociocultural Barriers to Health Care Access”:
   http://www.rwjf.org/portfolios/resources/grantsreport.jsp?filename=023299s.htm&iaid=13

C. Ambulatory Care
1. Center for the Health Care Professions- Towards Culturally Competent Care: Toolbox for Teaching Communication Strategies
2. National Center for Cultural Competence, Georgetown University.
   “Self-Assessment Checklist for Personnel Providing Primary Health Care Services”
   http://gucchd.georgetown.edu/nccc/documents/Checklist%20PHC.pdf
3. National Initiative for Children’s Healthcare Quality (NICHQ), Improving Cultural Competency in Children’s Health Care: Expanding Perspectives
   http://www.nichq.org/NR/rdonlyres/5B534B7B-0C38-4ACD-8996-EBB0C4CB2245/0/NICHQ_CulturalCompetencyFINAL.pdf
4. “Cultural Positivity –Culturally Competent Care For Diverse Populations”
   http://www.gvhc.org/

D. Managed Care
1. “National Standards For Culturally And Linguistically Appropriate Services In Health Care Executive Summary”
   http://www.ahip.org/content/default.aspx?docid=8414
CALIFORNIA AB 1195
California Assembly Bill 1195 requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers and authors of this UC Davis CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available that address cultural and linguistic competency, some of which are included in your syllabus or handout materials. Additional resources and information about AB 1195 can be found on our website at http://cme.ucdavis.edu.

E. Caring for Individuals with Limited English Proficiency
1. Center for the Health Professions-Common Sentences in Multiple Languages (ICE) Tool for Office Staff http://futurehealth.ucsf.edu/TheNetwork/Portals/3/CommonSentences.pdf
5. Process of Inquiry: Communicating in a Multicultural Environment, Georgetown University National Center for Cultural Competence http://www.nccccurricula.info/

F. Health Literacy

G. Movies, Videos, and CD-ROM Resources
3. The Bilingual Medical Interview I (1987), and The Bilingual Medical Interview II: The Geriatric Interview, Section of General Internal Medicine, Boston City Hospital, in collaboration with the Department of Interpreter Services and the Boston Area Health Education Center (Available from the BAHEC, 818 Harrison Ave., Boston, MA 02118; Phone (617)-534-5258).
4. The Kaiser Permanente/California Endowment Clinical Cultural Competency Video Series . In 2000, Kaiser Permanente, with funding from The California Endowment, embarked on a project to create "trigger" videos as teaching tools for training healthcare professionals in cultural competence.. These now completed videos comprise three sets, each with accompanying facilitator’s guide and contextual materials. Each set costs $35.00 or $105 for all 20. The scenarios are from eight to fourteen minutes long.
5. **Quality Care for Diverse Populations**. Video/CD-ROM/Facilitator's Guide, Contributors: K. Bullock, L.G. Epstein, E.L. Lewis, R.C. Like, J.E. South Paul, C. Stroebel, et al.) This educational program includes five video vignettes depicting simulated physician-patient visits in an office setting as a means to explore ethnic and sociocultural issues found in today's diverse health care environment. Produced by the American Academy of Family Physicians (AAFP), with partial funding by the Bureau of Primary Health Care, Health Resources and Services Administration, June 2002. (Available from the American Academy of Family Physicians, AAFP Order Dept., 11400 Tomahawk Creek Parkway, Leawood, KS 66211; Phone (800)-944-0000; Fax (913)-906-6075; http://www.aafp.org/x13887.xml

6. **Community Voices: Exploring Cross-Cultural Care Through Cancer**. Video and Facilitator's Guide by Jennie Greene, MS & Kim Newell, MD (Available from the Harvard Center for Cancer Prevention, Harvard School of Public Health, 665 Huntington Avenue, Bldg 2, Rm 105, Boston, MA 02115; Phone (617) 432-0038; Fax: (617)-432-1722; hccp@hsph.harvard.edu or Fanlight Productions. www.fanlight.com


10. **Ohio Department of Health and Medical College of Ohio. Cultural Competence in Breast Cancer**

**H. Continuing Education Programs**

1. Office of Minority Health A Family Physician's Guide to Culturally Competent Care
   http://cccm.thinkculturalhealth.org

2. Quality Interactions: A Patient-Based Approach to Cross-Cultural Care Manhattan Cross Cultural Group and Critical Measures
   http://www.criticalmeasures.net/cross_cultural/elearning.htm

3. Delivering Culturally Effective Care for Patients with Diabetes Medical Directions - The Virtual Lecture Hall and Department of Family Medicine, University of Arizona College of Medicine at the Arizona Health Sciences Center
   http://www.vlh.com/shared/courses/course_info.cfm?courseno=1786

4. Communicating Through Health Care Interpreters Medical Directions - The Virtual Lecture Hall and Rush University Medical Center
   http://www.vlh.com/shared/courses/course_info.cfm?courseno=1705

5. Culture and Health Care: An E-Learning Course (based on Cultural Sensitivity: A Guidebook for Physicians and HealthCare) Doctors in Touch (DIT)
   http://www.doctorsintouch.com/courses_for_CME_credit.htm

I. Recent Articles and References on Cultural and Linguistic Competency


Compiled by: The University of California, Continuing Medical Education Consortium, University of California, Davis, University of California, Irvine, University of California, Los Angeles, University of California, San Diego, and University of California, San Francisco. For questions, please call Gwenn Welsch, UC Davis CME Website Coordinator at (916) 734-5773 or email gwenn.welsch@ucdmc.ucdavis.edu Additional resources and information about AB1195 can be found on our website at http://cme.ucdavis.edu.