Essentials of Primary Care Psychiatry CME Conference

January 13-14, 2017

Sheraton Grand Sacramento Hotel
Sacramento, CA

14.25 CME Hours

Jointly Provided by:
The California Psychiatric Association and the University of California, Davis, Department of Psychiatry and Behavioral Sciences
COURSE DESCRIPTION
This two-day conference for primary care physicians and other health providers will integrate recent scientific data with current clinical practice regarding Mood and Anxiety Disorders, Substance Misuse, Personality Disorders, Collaborative Care, Pain Psychiatric Management and How to do a Primary Care Psychiatric Interview.

Registrants will be able to purchase a copy of Lippincott’s Primary Care Psychiatric Textbook at a 40% discounted rate. Please see the registration form for more information.

TARGET AUDIENCE
Primary care physicians and allied health professionals interested in mental health.

EDUCATIONAL NEED
Primary care providers have not been trained on the diagnosis of depression within a primary care/medical setting. While guidelines for treatment of depression within primary care exist, many providers are uncomfortable with implementing them due to perceptions of risk and stigma.

SYLLABUS
The syllabus will be available to pre-registered attendees via pdf (Drop Box) prior to the conference for downloading and printing. No hard copies are available for purchase.

SCHEDULE
Friday, January 13

7:00-800 AM Registration, Continental Breakfast, Exhibits

8:00-8:15 AM Welcome
Robert McCarron, D.O. and Shannon Suo, M.D.

8:15-9:15 AM Practical Approaches to Doing a Primary Care Psychiatric Assessment
Robert McCarron, D.O.

9:15-10:15 AM Personality Disorders in Primary Care – Just What You Need to Know
Shannon Suo, M.D.

10:15-10:30 AM Visit Exhibits/Break

10:30-12:00 PM Mood Disorders: Diagnosis and Treatment Considerations
Shawn Hersevoort, M.D.

12:00-12:30 PM Lunch Provided/Visit Exhibits

12:30-2:00 PM Anxiety Disorders: Diagnosis and Treatment Considerations
Jaesu Han, M.D.

2:00-2:15 PM Visit Exhibits/Break

2:15-3:30 PM Small Group Case Discussions
Co-Morbid Management of Mood Disorders
Shawn Hersevoort, M.D., Amir Ramezani, Ph.D.

Management of Patients with Substance Misuse
Lorin Scher, M.D., Shannon Suo, M.D.

The Anxious Patient
Jaesu Han, M.D., David Liu, M.D.

Pain and Somatization
Matt Reed, M.D., Naileshni Singh, M.D.

3:30-3:45 PM Visit Exhibits/Break

3:45-5:00 PM Repeat Small Group Case Discussion
(1.25 CME)

5:00 PM Wrap-up with Group Leaders
Saturday, January 14

7:30-8:00 AM  Continental Breakfast/Exhibits

8:00-9:15 AM  Psychiatry and Chronic Pain Management  
(1.25 CME)  David Copenhaver, M.D.

9:15-10:15 AM  Substance Misuse: Update on Assessment and Treatment  
(1 CME)  Glen Xiong, M.D.

10:15-10:30 AM  Visit Exhibits/Break

10:30-11:30 AM  Psychotic Disorders: Diagnosis and Treatment Considerations  
(1 CME)  John Onate, M.D.

11:30-12:30 PM  Collaborative Care: Can This Be Helpful in Your Practice?  
(1 CME)  David Liu, M.D.

12:30-1:15 PM  Lunch Provided/Visit Exhibits

1:15-2:30 PM  Small Group Case Discussions  
(1.25 CME)  Co-Morbid Management of Mood Disorders  
Shawn Hersevoort, M.D.  
Amir Ramezani, Ph.D.

Management of Patients with Substance Misuse  
Glen Xiong, M.D.  
John Onate, M.D.

The Anxious Patient  
Jaesu Han, M.D., David Liu, M.D.  
Jim Bourgeois, M.D.

Pain and Somatization  
David Copenhaver, M.D.  
Naileshni Singh, M.D.

2:30-2:45 PM  Visit Exhibits/Break

2:45-4:00 PM  Repeat Small Group Case Discussion  
(1.25 CME)

4:00-4:15 PM  Wrap up  
Robert McCarron, D.O.  
Shannon Suo, M.D.

4:30-5:30 PM  TNT Fellows Only Meet with Faculty

CME/EVALUATION FORMS

At the conclusion of the activity, the participant should be able to:

- Effectively screen for depression in a primary care setting.
- Implement evidence-based treatment for depression.
- Identify when it is appropriate to seek mental health consultation/referral.
- Identify medically ill patients at high-risk for depression.
- Describe the common symptoms or signs that overlap between medical and psychiatric illness.
- Use appropriate history-taking and diagnostic studies to differentiate medical from psychiatric illness.
- Provide evidence-based treatment for common co-morbid psychiatric illness within a medically ill patient.
- Effectively screen for substance misuse.
- Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior.
- Identify evidence based treatments available in primary care settings for substance misuse disorders.
- Engage mental health colleagues in collaborative care within existing models of health care delivery.
- Develop/adapt new models of care to integrate mental health care into primary care settings.

LEARNING OBJECTIVES

At the conclusion of the activity, the participant should be able to:

- Effectively screen for depression in a primary care setting.
- Implement evidence-based treatment for depression.
- Identify when it is appropriate to seek mental health consultation/referral.
- Identify medically ill patients at high-risk for depression.
- Describe the common symptoms or signs that overlap between medical and psychiatric illness.
- Use appropriate history-taking and diagnostic studies to differentiate medical from psychiatric illness.
- Provide evidence-based treatment for common co-morbid psychiatric illness within a medically ill patient.
- Effectively screen for substance misuse.
- Utilize motivational interviewing to assess readiness for change and activate motivated patients along the continuum of change behavior.
- Identify evidence based treatments available in primary care settings for substance misuse disorders.
- Engage mental health colleagues in collaborative care within existing models of health care delivery.
- Develop/adapt new models of care to integrate mental health care into primary care settings.
FACULTY

Course Chairs

Robert McCarron, DO, DFAPA, Associate Professor
Director, Pain Psychiatry and Behavioral Science
Director, Integrated Internal Medicine Psychiatry Education
Department of Anesthesiology, Division of Pain Medicine
Department of Psychiatry and Behavioral Sciences
Department of Internal Medicine
UC Davis School of Medicine

Shannon Suo, MD, Associate Professor
Department of Psychiatry and Behavioral Sciences
UC Davis School of Medicine

Guest Faculty

David Copenhaver, MD, MPH, Assistant Professor, Director of Cancer Pain Management and supportive care, Director of Pain Medicine Telehealth Programs, Center for Pain Medicine, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, UC Davis School of Medicine

Jaesu Han, MD, Associate Clinical Professor, Department of Psychiatry and Family Medicine
UC Davis School of Medicine

Shawn Hersevoort, MD, Director, Integrated Mental Health, Acting Director of Psychosomatic Medicine, Assistant Clinical Professor, Health Sciences, UCSF Fresno Department of Psychiatry and Sleep Medicine

David Liu, MD, MS, Health Sciences Assistant Clinical Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

John Onate, MD, Associate Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

Amir Ramezani, PhD, Neuropsychologist, Associate Director, Pain Psychiatry and Behavioral Health, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, UC Davis School of Medicine

Matt Reed, MD, Assistant Professor, Department of Psychiatry, UC Davis School of Medicine

Lorin M. Scher, MD, Associate Professor, Director, Emergency Psychiatry, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

Naileshni Singh, MD, Assistant Professor, Director, Pain Medicine Fellowship Program, Department of Anesthesiology and Pain Medicine, UC Davis School of Medicine

Glen Xiong, MD, Assistant Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Davis, Health System and the California Psychiatric Association. The University of California, Davis, Health System is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation**

**Physician Credit:** The University of California, Davis, Health System designates this live activity for a maximum of 14.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AMA PRA Category 1 Credits™ can be used by multidisciplinary team members.**

**Nurse:** For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report a maximum of 14.25 hours of credit and fill in “CME Category 1” for the provider number).

**Physician Assistant:** The National Commission of Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

**Psychologist:** You may petition the California Board of Psychology for CE credit for this symposium. Please see http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf for details.

**HOTEL RESERVATIONS**

Sheraton Grand Sacramento Hotel
1230 J Street
Sacramento, CA 95814
1-800-325-3535

Please make hotel reservations soon. The hotel has reserved a number of rooms for the California Psychiatric Association’s Primary Care Conference, January 13-14, 2017.

To book your room directly with the hotel via their website please log onto: CPA 2017 Integrated Care Conference

After these rooms are filled, reservations are accepted only if additional space is available and may be at a higher cost.

**RESERVATIONS MUST BE MADE BEFORE**

**Friday December 23, 2016**

$175 Single or Double Occupancy. Hotel room rates are subject to applicable state and local taxes in effect at time of check in. Please specify that you are with the California Psychiatric Association to get this special rate.
Conference Registration Form
Essentials of Primary Care Psychiatry CME Conference-2017
Sheraton Grand Sacramento Hotel, Sacramento, CA
January 13-14, 2017

You are also welcome to mail in the form below via regular mail if you prefer to pay by check:

Name_____________________________________________________________________________________
Address____________________________________________________________________________________
City/State/Zip______________________________________________________________________________
Phone_____________________________________________________________________________________
Email_____________________________________________________________________________________

____MD      ____DO      ____PhD      ____PA      ____RN      ____Psychologist      ____LCSW      ____MFT
Other ____________________________________________________________________________________

Institution/Employer (as you would like it to appear on your badge) __________________________________
__________________________________________________________________________________________

_______Pre-Purchase “Lippincott’s Primary Care Psychiatry Textbook” at a discount of 40%.
$60.00 will include shipping.
(Please note textbook not required for this conference).

Please make checks payable to California Psychiatric Association or charge your VISA or MasterCard by
calling CPA at 800-772-4271 or filling in the information needed below and return this form to:
California Psychiatric Association
921 11th Street, Suite 502
Sacramento, CA 95814     (916) 442-5196     1-800-772-4271     FAX: (916) 442-6515

Check Enclosed for Total Amount of   $____________________________

Please Charge My: (circle one)       VISA     /     MasterCard

Credit Card # ___________________________   Expiration Date: ________