43rd Annual UC Davis
DIABETES & ENDOCRINOLOGY SYMPOSIUM

October 27-28, 2017
Friday–Saturday

SPONSORED BY:
UC DAVIS HEALTH
Office of Continuing Medical Education
Division of Endocrinology, Diabetes and Metabolism
Department of Internal Medicine
Friday, October 27, 2017

7:00 am  Registration, Continental Breakfast, Visit Exhibits

8:00  Welcome and Course Objectives
Sidika Karakas, MD

8:10  The Newer Insulins, How to Use Them
Pamela T. Prescott, MD

8:50  KEYNOTE SPEAKER
Hybrid Closed Loop Insulin Pumps: How They Work and How They are Going to Change Our Practice for Type 1 Diabetes Care
Francine Kaufman, MD

9:40  Continuous Glucose Sensors: Practical Applications, and How They Will Change our Practice for Glucose Monitoring
Christine Pospisil, RD, LD, CDE

10:20  Break, Visit Exhibits

10:40  Case Studies – Q & A in Small Groups
• Newer Insulin Use and Adjustment
• Hybrid Closed Loop Insulin Pump Case Studies Introducing how patients are adjusting to the new technology.
• Continuous Glucose Sensor (CGM) Case Studies How to use CGM in clinical practice. Medicare has approved payment for CGM.

12:00 pm  Lunch, Visit Exhibits

1:00  KEYNOTE SPEAKER
Assessing Cardiovascular Risk in Patients with Diabetes
Dali Fan, MD

1:50  Can Anti-hyperglycemic Medications Help to Decrease Cardiovascular Risk?
John Yoon, MD

2:30  Break, Visit Exhibits

3:00  Risking the Heart: What to do About What We Eat
Julie Durette, RD, CDE, Mercedes O’Madden, RD, CSO

3:30  Case Studies – Q & A in Small Groups
• Testing the Heart Before a Major Cardiovascular Event Occurs
• Choosing Anti-hyperglycemic Medications to Decrease Cardiovascular Risk
• New American Diabetes Association Clinical Practice Guidelines – How Should it Change our Practice?
• What to Change in the Diet to Decrease Cardiovascular Risk?

5:00  Adjourn

Saturday, October 28, 2017

7:00 am  Registration, Continental Breakfast, Visit Exhibits

8:00  Welcome and Course Objectives
Sidika E. Karakas, MD

8:05  Thyroid Nodules: Update on Classification and Management Guidelines
Alison Semrad, DO

8:40  Parenteral Treatments for Osteoporosis: Indications, Differences, Similarities?
Sonal Phatak, MD

9:20  When to Suspect Endocrine Hypertension and how much to Investigate?
Arthur Swislocki, MD

10:00  Break

10:30  Pituitary Disorders: Diagnostic Testing
Dana Sheely, MD

10:50  Pituitary Tumors: Surgical Management
Kiarash Shahlaie, MD, Toby Steele, MD

11:30  Pituitary Disorders: Advances in Medical Management
Dana Sheely, MD

11:50  Update on NIH Testosterone Trials: Effects of Testosterone Treatment in Older Men
Prasanth Surampudi, MD

12:25 pm  Panel Discussion

1:00  Adjourn
Influence patients to make changes to impr
Interpr
Summarize nutritional principles in order to help patients adjust
Recognize when new treatment options for type 2 diabetes can
Explain how the new hybrid automatic insulin pump functions
Identify the war
List the new appr
Recognize state-of-the-art surgical and medical tools available for
Name the curr

COURSE CO-CHAIRS
Pamela Prescott, MD
Professor
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
UC Davis School of Medicine

UC DAVIS FACULTY
Jameson Azul, MD
Clinical Fellow
Division of Endocrinology, Diabetes and Metabolism
Department of Internal Medicine
William Cushman, Jr., MD, FACP
Volunteer Clinical Faculty
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
Endocrinologist
Mercy General Hospital - Sacramento
Sutter Medical Center - Sacramento
Julie Durette, RD, CDE
Senior Dietitian
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
Dali Fan, MD, PhD
Associate Professor
Division of Cardiology
Department of Internal Medicine
Ariane Furman, MD
Clinical Fellow
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
Kent Ishihara, MD
Associate Physician Diplomate
Division of Endocrinology, Diabetes, and Metabolism
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Chief Medical Officer
Vice President Global Medical
Clinical & Health Affairs
Medtronic Diabetes
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Clinical Fellow
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Volunteer Clinical Faculty
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
Endocrinologist
Kaiser Permanente
Mercedes O’Madden, RD, CSO
Clinical Dietitian
Division of Endocrinology, Diabetes, and Metabolism
Department of Internal Medicine
Sonal Phatak, MD
Assistant Professor
Division of Endocrinology, Diabetes and Metabolism
Department of Internal Medicine

GUEST FACULTY
Christine Pospisil RD, LD, CDE
Senior Manager, Professional Education
Dexcom Inc.
San Diego, CA

TARGET AUDIENCE
This activity is designed for primary care providers, community
physicians, family practice, internal medicine, nurse practitioners,
physician assistants, registered nurses, diabetes educators, dietitians,
and pharmacists who provide interdisciplinary care.

NEEDS ASSESSMENT
This course is designed to change physician competence in the
management of patients with Diabetes (type 1 and 2) and obesity,
as well as endocrine disorders such as thyroid nodules, injectable
therapies for osteoporosis; hormonal causes of hypertension;
diagnosis, surgical and medical management of pituitary disorders;
and the most recent information from NIH trials about testosterone
replacement in older men. This year’s conference will specifically
address newer technologies for automatic infusion of insulin and
monitoring of glucose to improve health and provide practitioners
with state-of-the-art tools to serve their patients. The topics have
been selected in response to participant evaluations from previous
CME activities. The faculty presenting and interacting with
participants have been selected on the basis of their comprehensive
clinical experience and academic excellence. Interactive question
and answer sessions will be combined with case discussions in small
group settings for increased learning.

EDUCATIONAL OBJECTIVES
At the end of the activity, participants should be able to:
• Influence patients to make changes to improve health
• Define and use currently available insulins at right time schedule,
type and dose appropriately
• Explain how the new hybrid automatic insulin pump functions
and how it can improve glucose control
• Recognize how continuous glucose sensing can improve glucose
control, which will soon be covered by Medicare
• Summarize nutritional principles in order to help patients adjust
diets for improved cardiovascular health
• Recognize when new treatment options for type 2 diabetes can
improve cardiovascular outcomes, therapies, and justify how to
combine or switch
• List the new approaches to thyroid nodule management
• Name the current parenteral therapies used for osteoporosis
treatment
• Recognize hypertensive patients who require endocrine work up
• Identify the warning signs of pituitary disorders and learn how to
order basic testing
• Recognize state-of-the-art surgical and medical tools available for
pituitary tumor patients
• Interpret the latest information regarding testosterone replacement
controversy in elderly men
CONFERENCE REGISTRATION

Please register early – space is limited.

Tuition is $330 for physicians and $290 for all others. Confirmation of registration will be sent within two weeks after receipt of registration form. The fees will increase after October 6, 2017.

Tuition includes continental breakfasts, Friday luncheon, refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund of tuition will be given.

Registration forms received without payment will not be processed until payment is received. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

Cancellation and Refund Policy: A refund of tuition, less $75 administrative fee, will be allowed if requested in writing by October 6, 2017. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. However, after 30 days this link will expire and these items are no longer available online. You must contact the Office of CME to receive your certificate and a $15 administrative fee will be applied.

SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference.

ACCREDITATION

University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

Physician Credit: University of California, Davis, Health designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP (Family Practice) Credit: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AMA PRA Category 1 Credits™ acceptable for other health care providers

Dietitian: Registered dietitians attending this program can utilize hours earned for continuing education. Live programs can be logged as 1 CPEU per hour.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report hours of credit and fill in “CME Category 1” for the provider number).

Pharmacist: The California Board of Pharmacy accepts coursework which meets the standard of relevance to Pharmacy practice and has been approved for AMA PRA Category 1 Credit™.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

FOR FURTHER INFORMATION

UC Davis Health System (866) CME4EDU (263-4338)
Office of Continuing Medical Education (916) 734-5390 Phone
4610 X Street, Suite 2301 http://cme.ucdavis.edu Sacramento, CA 95817-2200

BROCHURE ART CREDIT

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TELEPHONE: (916) 734-5390


DIABETES & ENDOCRINOLOGY SYMPOSIUM

OCTOBER 27-28, 2017

Registration Form

First Name

M.I.

Last Name

MD

DO

PharmD

RN

PA

NP

OD

Lic. # __________________________

Other: __________________________

Institution/Employer (as you would like it to appear on your badge)

Profession/Occupation

Home Address (where you would like your receipt mailed)

City __________________________

State __________________________

Zip Code _________________________

Day Phone _______________________

Fax Number ______________________

E-mail for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information. Please indicate primary medical specialty:

FP

GP

IM

Other (specify) __________________________

Social Security Number (last 4 digits required for transcript purposes)

Web

REGISTRATION FEES

(Receipt/Confirmation will be mailed within two weeks)

Physician

Early Discount $330

After 10/6/17 $380

Other Health-care Professional

Early Discount $290

After 10/6/17 $340

ELECTRONIC SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A USB flash drive will be distributed at the conference.

If you need disability accommodations at the meeting, please let us know by October 6, 2017 and our representative will contact you.

Please note special dietary/food allergy requirements: __________________________

Please check your payment method: Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

Check enclosed payable to: UC Regents

AMEX

Discover

MasterCard

VISA

Please mail your registration or contact our Registrar for assistance if you would like to use a credit card.

Account Number __________________________

Expiration Date __________________________

Authorized Signature (name on card)

(billing address if different than above)

Please use CME of these methods to register (Do not mail if previously registered by telephoned)

MAIL APPLICATION AND PAYMENT TO:
Office of Continuing Medical Education
c/o UC Davis Cashier’s Office
PO Box 989062
West Sacramento, CA 95798-9062

TELEPHONE:
(916) 734-5390

SCAN QR CODE FOR ONLINE REGISTRATION


LOCATION

Hilton

Hilton Sacramento Arden West
2200 Harvard Street
Sacramento, CA 95815
(916) 922-4700
http://bit.ly/1q6gkAZ

A block of rooms is being held for symposium participants at a rate of $115 single or double occupancy plus hotel and sales tax. For sleeping room reservations call 1-800-445-8667 (special rate code DDE). After October 6, 2017, reservations will be on a space available basis.

The Hilton Sacramento Arden West is conveniently located off Business 80 and just a short drive from the Sacramento International Airport. The hotel is located very near the Arden Fair Mall which offers some of the best dining, shopping, and entertainment options in the area. If history is your thing, hop on the I-80 and head downtown to one of the many fascinating museums such as the California State Railroad Museum, Crocker Art Museum, or California State Capitol Museum. Also, check out the Visit Sacramento website to see what is going on during your stay.

http://www.visitsacramento.com/

AIR TRAVEL TO SACRAMENTO (SMF)

United Airlines Group Discount:

To obtain Groups and Meetings discount prices go to http://www.united.com/meetings, click on “Book meetings reservations” and enter Offer Code: ZX6T636361.

GROUND TRANSPORTATION

Hertz Car Rental: To obtain discounted rates go to http://www.hertz.com and enter Convention Number 04H70008.

National Car Rental: 1 (800) CAR-RENT and request ID #5282865 for discounted rates.

Please use CME of these methods to register (Do not mail if previously registered by telephoned)

MAIL APPLICATION AND PAYMENT TO:
Office of Continuing Medical Education
C/o UC Davis Cashier’s Office
PO Box 989062
West Sacramento, CA 95798-9062

TELEPHONE:
(916) 734-5390

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Friday–Saturday

Hilton Sacramento Arden West

HIGHLIGHTS:
• Hybrid Insulin Pump Therapy and Automatic Control of Diabetes
• Adjusting the Diet for Diabetes to Improve Cardiovascular Outcomes
• Newer Insulins and Their Use
• Practical Approach to Common Endocrine Disorders: Thyroid Nodule, Hypertension, Osteoporosis, Androgen Replacement
• Medical and Surgical Approach to Pituitary Disease
• Panel discussion with questions from attendees

IF YOU CANNOT ATTEND...
PLEASE GIVE BROCHURE TO A COLLEAGUE!
DATED MATERIAL