The following is a listing of clinical conditions appropriate for clinical telehealth perinatology consultations. If you would like to refer a patient with a condition which is not listed below, please send your request with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

**Clinical Conditions:**
- Maternal medical conditions:
  - Diabetes – pre-existing and gestational
  - High blood pressure, including chronic hypertension, gestational hypertension and pre-eclampsia
  - Morbid obesity (BMI> 40)
  - Renal disease
  - Autoimmune disorders
  - Renal/liver transplants
  - Cardiac disease
  - Seizure disorders
  - Drug exposures
  - Psychiatric medication consults (either taking currently or 1st episode that may need medication happening in pregnancy)
- Obstetrical conditions
  - Pre-term birth history (<37 weeks)
  - Uncertain last menstrual period (LMP)
  - Preeclampsia
  - Fetal growth restriction
  - Macrosomia
  - Fetal anomalies
  - Uterine anomalies
- Genetic issues:
  - Family history of mental delay
  - Prenatal diagnosis for genetic abnormalities
  - Advanced maternal age > 35
  - Advanced paternal age age >40

**Necessary Clinical Information Includes:**
- Complete H&P
- Pertinent outside records (prenatal labs, California Prenatal screening results, outside ultrasound reports, subspecialist notes, documentation of previous evaluation)
- Current medications, allergies & drug levels
- Copy of PCP intake & evaluation & specific questions wanted answered
- Relevant family/social history
- Some assurance that family understands reasons for referral
- Interpreter available at the remote site when needed

**Consultants:**
- Nina M. Boe, MD
- Shannon Clark, MD
- Nancy Field, MD
- Herman Locsin Hedriana, MD
- Amelia McLennan, MD
- Véronique Taché, MD

**Appointment Scheduling:**
- New: 90, 60 minutes (initial screening)
- F/U: 60, 30 minutes

**Level of Presenter Required:**
- MD, NP, RN, LVN
  - Note: Consistency of presenter for new and follow-up patient appointments is important

**Video Equipment Required:**
- Videoconferencing unit

**The following information must be received prior to scheduling an appointment:**
1. Telehealth Referral Request Form
2. See "Necessary Clinical Information" in left column

**The following must be received before the consult begins:**
1. Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form
   (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation

UC Davis Health Clinical Telehealth Program
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Referral Fax: (866) 622-5944
http://health.ucdavis.edu/cht/clinic/