## Give it a try: Sentence Starters

## Select a line and write whatever comes to mind for 5 minutes:

The day I heard the diagnosis...

Knowing I had \_\_\_\_\_ I ...

On that day ...

I remember ...

The best part of ...

The worst part of ...

On the last day of treatment, I ...

You may think you know what I'm going through ...

I smell ...

I sit here ...

In this photo ...

When I saw your ...

You need to know ...

It's not fair that I ...