Sacramento Area Facts

LOCATION: Sacramento is located 90 miles northeast of San Francisco, 383 miles north of Los Angeles, and 100 miles southwest of Lake Tahoe at an elevation of 17 feet. The city enjoys the beauty and recreation provided by both the Sacramento and American rivers, and it is flanked on the east by rolling foothills.

The city's rich historical heritage, commitment to quality of life, and abundance of trees and parkland contributed to Newsweek magazine naming Sacramento one of the ten best cities in the United States.

POPULATION: 470,000 in the city and nearly 1.9 million in the metropolitan area, which consists of Sacramento county and parts of Yolo, Placer and El Dorado counties.

CLIMATE: Mediterranean. Sacramento enjoys mild year-round temperatures. Summers are dry with little humidity and an abundance of sunshine. Be prepared for cool, sometimes rainy days in December, January and February.

Average Annual Rainfall: 17.18"
Average Temperature in June: Low 55.5° F / High 87.4° F
Average Temperature in December: Low 37.7° F / High 53.9° F

TRANSPORTATION: The city is easily accessible from all directions. Interstate 80 and US Highway 50 run east/west; Interstate 5 and US Highway 99 run north/south.

Light rail and bus service links the downtown areas to outlying communities. Commuter trains also carry passengers on daily roundtrips to the Bay Area.

Sacramento International Airport (SMF) is served by all major airlines with direct flights from Europe offered by several. Nonstop service from Sacramento to the east coast has been added by several carriers.

HOUSING: Sacramento's wide variety of neighborhoods offers elegant, older and luxurious homes as well as newer and affordable housing.

Land Park south of the Capitol, for example, is an older neighborhood with shady, tree-lined streets. Midtown is undergoing a resurgence of shops, homes and night life. The Pocket area offers family living along the Sacramento River with easy access to the downtown area.

RECREATION: In a city bound by two rivers, water recreation tops the list for outdoor activities: salmon and steelhead fishing, river rafting and boating can all be enjoyed on the over 1,000 miles of waterways around Sacramento and the Delta. Nearby Folsom Lake and Lake Natoma offer sailing and windsurfing.
Another highlight is the unique American River Parkway, which stretches 31 miles from the river confluence near downtown Sacramento to Folsom Lake. A bike and hiking trail extends the entire length of the parkway, which also offers picnicking, kayaking, rafting and more.

Sacramento municipal golf courses provide the surrounding community with 540 acres of quality fairways and greens.

More than 120 city parks encompassing over 2,000 acres provide outstanding natural and developed parklands. This "city of a million trees" is planted with grand old evergreens, deciduous and fruit-bearing trees (some streets are littered with oranges in springtime), and even giant palms, giving it a shady, lush quality.

The NBA Sacramento Kings, the WNBA Sacramento Monarchs and the Triple-A Sacramento River Cats comprise the city's major and minor league sports, and the Sacramento Capitals have a loyal tennis fan base.

ENTERTAINMENT: The city is home to the Sacramento Ballet, Sacramento Opera, Sacramento Theatre Company and California Musical Theatre.

There are also over 30 theaters, public galleries and museums in the city; the downtown Crocker Art Museum, founded in 1885, is the oldest in the West. Each month, during the Second Saturday Art Walk, private galleries in Midtown open their doors to the public with special shows and live entertainment.

Night clubs throughout town range from quiet piano bars to folk, pop, hip-hop, country western and rock & roll.

GOVERNMENT: Sacramento is the capital of California where Governor Arnold Schwarzenegger is often spotted around town. The city has eight council districts and the county of Sacramento has a board of five supervisors.

ATTRACTIONS: Old Sacramento Historic Area, Sutter’s Fort, Sacramento Zoo, Eagle Theatre, Governor’s Mansion State Historic Park, Pony Express Monument, Delta King Hotel, Esquire IMAX® Theatre, Leland Stanford Mansion, and many other attractions that represent Sacramento’s identity as the home of the Gold Rush, state capital of California, agricultural powerhouse and modern city.
