



Kathrine M. Ware, A.N.P.

Clinical Interests	<p>Ms. Ware's clinical interests include non-cardiac vascular disease, as well as risk-factor and life-style modifications including smoking cessation, lipid management, nutrition, exercise, stress reduction and self-care. She has experience with complex wound care and venous disease, and is interested in healthcare economics policy, tobacco control policy, and patient advocacy.</p> <p>Ms. Ware has a patient-centered approach to health for individuals, with a focus on maximizing wellness within the spectrum of the disease process. She highlights the importance of family, social and community support for wellness. She feels that a basis for patient-directed goal setting for wellness considers all aspects of human needs, including physical, mental, emotional, intellectual and spiritual.</p>
Title	Nurse Practitioner II
Specialty	Vascular and Endovascular Care
Department	Surgery
Division	Vascular Surgery
Center/Program Affiliation	Cardiovascular Services
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Education	<p>A.N.P., M.S.N., UC San Francisco School of Nursing, San Francisco, California, 2005</p> <p>B.S.N., San Diego State University, San Diego, California, 1983</p>
Board Certifications	<p>Nurse Practitioner/Adult Health, 2005</p> <p>Vascular Nursing, 2000</p>
Professional Memberships	<p>American College of Nurse Practitioners</p> <p>American Nurses Association</p> <p>American Nurses Association/California</p> <p>California Association for Nurse Practitioners</p> <p>Society for Vascular Nursing</p>



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