Deborah Bachtold Adey, M.D.

Philosophy of Care

Dr. Adey has two guiding philospophies in caring for patients: First and foremost "what can I not afford to miss". For her this involves pursuing issues that could cause the patient harm in the near or relatively near future. Her second philosophy is that this is a "team approach". She tries to engage the patient in the decisions and provide information that helps guide the patient's understanding of the issues at hand.

Clinical Interests

There are no aspects of transplant care that Dr. Adey is not interested in. She has special interests in the sensitized patient, antibody mediated rejection, and infectious disease in the renal transplant recipient. she is also interested in promotion of living donors and the paired exchange program. The paired exchange allows integration of my interest in living donors with improving transplantabiliy of the sensitized patient.

She is just starting her research at UC Davis. She is a site PI for a multicenter study using IVIG and rituximab for desensitization. She is interested in looking at markers and indicators of which patients will be responsive to desensitization.

Title

Health Sciences Clinical Professor

Specialty

Internal Medicine, Nephrology

Department

Internal Medicine

Division

Transplant Nephrology

Clinic

Transplant

Center/Program Affiliation

Transplant Center

Address/Phone

UC Davis Medical Center, Cypress Building, Transplant Surgery, 2221 Stockton Blvd. Suite B
Sacramento, CA 95817
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Clinic Phone: 916-734-2111
Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education

M.D., University of Colorado School of Medicine, Denver, Colorado, 1989
B.A., California State University, Chico, Chico, California, 1979

Internships

Medical Center Hospital of Vermont, Burlington, VT

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Residency
Medical Center Hospital of Vermont, Burlington, VT, 1990-92

Fellowships
Mayo Clinic, Rochester, NY, 1994-96
Medical Center Hospital of Vermont, Burlington, VT, 1992-94
University of California, San Francisco, San Francisco, CA, 1996-97

Board Certifications
American Board of Internal Medicine, 2006
American Board of Internal Medicine, Nephrology, 2006

Professional Memberships
American Society of Nephrology
American Society of Transplantation
International Society of Nephrology
National Kidney Foundation

Honors and Awards
Young Investigator Award American Society of Transplant Physicians, Chicago, IL, 1997

Select Recent Publications

Bia M, Adey DB, Bloom RD, Chan L, Kulkarni S, Tomlanovich S. KDOQI US commentary on the 2009 KDIGO clinical practice guideline for the care of kidney transplant recipients. Am J Kidney Dis. 2010 Aug;56(2):189-218. Epub 2010 Jul 2.

Terrault NA, Adey DB. The kidney transplant recipient with hepatitis C infection: pre- and posttransplantation treatment. Clin J Am Soc Nephrol. 2007 May;2(3):563-75. Epub 2007 Mar 14. Review.

Topp KS, Painter PL, Walcott S, Krasnoff JB, Adey D, Sakkas GK, Taylor J, McCormick K, TeNyenhuis M, Iofina M, Tomlanovich S, Stock P. Alterations in skeletal muscle structure are minimized with steroid withdrawal after renal transplantation. Transplantation 2003; 76(4):667-73

Zambon AC, McDearmon EL, Salomonis N, Vranizan KM, Johansen KL, Adey D, Takahashi JS, Schambelan M, Conklin BR. Time- and exercise-dependent gene regulation in human skeletal muscle. Genome Biol. 2003;4(10):R61. Epub 2003 Sep 25.

Painter P, Taylor J, Wolcott S, Krasnoff J, Adey D, Tomlanovich S, Stock P, Topp K. Exercise capacity and muscle structure in kidney recipient and twin donor. Clin Transplant. 2003 Jun;17 (3):225-30.

Painter PL, Topp KS, Krasnoff JB, Adey D, Strasner A, Tomlanovich S, Stock P. Health-related fitness and quality of life following steroid withdrawal in renal transplant recipients. Kidney International 2003; 63(6):2309-16

Roland ME, Adey D, Carlson LL, Terrault NA. Kidney and liver transplantation in HIV-infected patients: case presentations and review. AIDS Patient Care STDS. 2003 Oct;17(10):501-7. Review.

Balagopal P, Schimke JC, Ades P, Adey D, Nair KS. Age effect on transcript levels and synthesis rate

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of muscle MHC and response to resistance exercise. American Journal of Physiology 2001; 280 (Endocrinologyand Metabolism 2):E203-8

Adey, D.B., Kumar, R, McCarthy, J, Nair, K.S. Reduced synthesis of muscle proteins in chronic renal failure. American Journal of Physiology 2000; 278 (Endocrinology and Metabolism 2):E219-E225

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