



## Amparo C. Villablanca, M.D.

<b>Philosophy of Care</b>	My philosophy of care is woman-centered and culturally sensitive, with respect for each patient.
<b>Clinical Interests</b>	Dr. Villablanca focuses on treating heart disease in women with the explicit goals of improving health-care outcomes and reducing gender-based health disparities.
<b>Research/Academic Interests</b>	<p>Dr. Villablanca's research program involves investigating compounds like soy and natural estrogens to identify therapies for protecting heart health. She also conducts research on the molecular biology of sex hormones and sex steroid hormone receptors and their roles in vascular protection and regulating atherosclerosis susceptibility.</p> <p>A leader in community-based research, Dr. Villablanca is actively engaged with grassroots organizations in developing outreach and education programs that improve risk factors for heart disease among populations most at risk.</p>
<b>Title</b>	Professor and Lazda Endowed Chair, Women's Cardiovascular Medicine Director and founder, Women's Cardiovascular Medicine Program Associate Director, Women's Center for Health Director, Hormones and Atherosclerosis Laboratory, Center for Comparative Medicine
<b>Specialty</b>	<a href="#">Cardiology</a> , <a href="#">Cardiovascular Medicine</a> , Internal Medicine
<b>Department</b>	Internal Medicine
<b>Division</b>	Cardiovascular Medicine
<b>Center/Program Affiliation</b>	<a href="#">Cardiovascular Services</a> <a href="#">UC Davis Medical Group</a> <a href="#">Women's Center for Health</a>
<b>Address/Phone</b>	Lawrence J. Ellison Ambulatory Care Center, Cardiology Clinic, 4860 Y St. Suite 0200 Sacramento, CA 95817 <b>Phone:</b> 800-282-3284
<b>Additional Phone</b>	Physician Referrals: 916-734-5678
<b>Languages</b>	French, Spanish
<b>Education</b>	M.D., UC Davis School of Medicine, Sacramento, California, 1983 B.S., UCLA, Los Angeles, California, 1979
<b>Internships</b>	UC Davis Medical Center, Sacramento, California, 1983-1984



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- Residency** UC Davis Medical Center, Sacramento, California, 1983-86
- Fellowships** UC Davis Medical Center, Sacramento, California, 1987-90
- Board Certifications** American Board of Internal Medicine, 1987  
American Board of Internal Medicine, Cardiovascular Disease, 1993
- Professional Memberships** American Heart Association (Fellow, Atherosclerosis, Thrombosis and Vascular Biology Council)  
Mouse Biology Program (UC Davis)
- Honors and Awards** Health Care Hero, 2013  
Distinguished Scholarly Public Service Award, 2011  
Helen Rodriguez-Trias Award for Excellence in Community-based Women's Health Leadership, 2009  
UC Davis School of Medicine, 2008  
Heart of Gold Award, 2007  
Red Dress Award, 2004
- Select Recent Publications** Villablanca, A. C., Beckett, L.A., Li, Y., Leatherwood, S., Gill, S.K., Giardina, E.V., Barron, C., Foody, J.M., Haynes, S., D'Onofrio, G. Outcomes of comprehensive heart care programs in high-risk women. *Journal of Women's Health*, 2010;19(7): 1313-1325.  
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Villablanca, A.C., Muthuvel, J., Banka, C. Atherosclerosis and sex hormones: Current concepts. Invited Review. *Clinical Science*, 2010;119(12): 495-513.
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- Villablanca, AC, D Lubhan, L Shelby, K Lloyd and S Barthold. Susceptibility to early atherosclerosis in male mice is mediated by estrogen receptor a (ERa). *Atherosclerosis, Thrombosis and Vascular Biology*, 24:1055-1061 (with journal editorial). Erratum in: *Arterioscler Thromb Vasc Biol*, 24(6): 1055-1061.
- Nandur, R, K Kumar and AC Villablanca. Cardiovascular actions of selective estrogen receptor modulators (SERMs) and phytoestrogens. *Preventive Cardiology*, 7:73-79. Invited review.

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