Jeffrey Southard, M.D.

Philosophy of Care
I believe that most patients come to me looking for help because they are frustrated with the medical system. Listening to their concerns and empathizing with their situation is sometimes all that is needed. Sometimes reassurance is the best medicine.

Clinical Interests
Dr. Southard is an interventional cardiologist with an interest in vascular medicine. He sees patients in clinic, in the hospital and in consultation. His research interests focus on expanding care to patients in underserved areas and he is working with our Telemedicine program to begin cardiology consultation in that regard. He also has an interest in patients with hypertrophic cardiomyopathy and is gaining interest in stem cell therapy.

Title
Associate Clinical Professor

Specialty
Cardiology, Cardiovascular Medicine, Internal Medicine, Interventional Cardiology

Department
Internal Medicine

Division
Cardiovascular Medicine

Center/Program Affiliation
Cardiovascular Services

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Lawrence J. Ellison Ambulatory Care Center, Cardiology Clinic, 4860 Y St. Suite 0200 Sacramento, CA 95817
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Education
M.D., Georgetown University School of Medicine, Washington, D.C., 1999
B.S., UC Davis School of Medicine, Davis, California, 1995

Internships
Georgetown University, Washington, DC, 2000

Residency
Georgetown University, Washington, DC, 2002
Georgetown University, Washington, DC, 2003

Fellowships
University of California, Davis School of Medicine, Sacramento, CA, 2006
University of California, Davis School of Medicine, Sacramento, CA, 2007

Board Certifications
American Board of Internal Medicine, 2002
American Board of Internal Medicine, Cardiology, 2006
American Board of Internal Medicine, Interventional Cardiology, 2008

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Jeffrey Southard, M.D.

Professional Memberships

Associate member of the ACC since 2003
Associate member of the ACP-ASIM since 1999
Associate member of the AHA since 2002
Associate member of the AMA since 1999

Select Recent Publications

In Search of the False-Negative Exercise Treadmill Testing Evidence- based Use of Exercise Echocardiography. Southard, J., Baker, L., Schaefer, S. Clinical Cardiology, 31. 35-40 (2008)

Current Catheter-Based Treatments of Functional Mitral Regurgitation. Southard, J, Rogers, J. Cardiac Interventions Today, volume 1, issue 2:41-44. July 2007.

Embolic Protection Device Technology. Southard, J, Wong, G. Endovascular Today, volume 5, issue 10:55-62. October 2006.

Percutaneous Valve Therapies. Southard, J, Low, R. Science Innovation Synergy 2006 Meeting. Chapter 16 of the commemorative book.

Meta-analysis of antiarrhythmic therapy in the prevention of postoperative atrial fibrillation and the effect on hospital length of stay, costs, cerebrovascular accidents, and mortality in patients undergoing cardiac surgery. Zimmer, J, Southard, J et al. The American Journal of Cardiology, volume 91:9 May 2003.

The Photoreceptors and Visual Pigments of the garter snake (Thamnophilis sirtalis): a microspectrophotometric, scanning electron microscopic and immunocytochemical study. Sillman AJ, Weidner, Southard et al. Journal of Comparative Physiology A. 1997; vol 181, issue 2:89-101.

Low levels of cadmium chloride damage the corneal endothelium. Weidner, J, Sillman, AJ. The Archives of Toxicology. 1997; vol 71, issue 7:455-60. Acknowledgement to Jeffrey Southard for SEM work.

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