

# Jeffrey L. Tanji, M.D.

<b>Philosophy of Care</b>	Sports medicine is a rapidly evolving field that encompasses more than the care of an elite athlete. Industrial "athletes," recreational athletes, and individuals with medical conditions and disabilities are all part of a specialty sports medicine practice. I try to do the very best I can for my patients, with their good health in mind. I have respect for my patients, regardless of their background or status. I encourage them to take personal responsibility and initiative for healthy habits. My training in sports medicine is reflected in my community service to professional and intercollegiate sports programs. I am pleased that my colleagues and I can provide care to such a diverse racial, cultural and socioeconomic mix of patients with equal concern for all.
<b>Clinical Interests</b>	Dr. Tanji's specialty is sports medicine, and he limits his practice to physician referrals for sports injuries only. He has written more than 60 publications and book chapters about sports medicine. Dr. Tanji has served major-league professional sports teams as well as the intercollegiate sports program at UC Davis.
<b>Research/Academic Interests</b>	Dr. Tanji's research interests include the use of aerobic exercise as a treatment for moderately high blood pressure.
<b>Title</b>	Associate Physician Co-director of the Sports Medicine Program
<b>Specialty</b>	Sports Medicine
<b>Department</b>	UC Davis Medical Group
<b>Clinic</b>	UC Davis Medical Group, Davis UC Davis Medical Group, Sports Medicine
<b>Center/Program Affiliation</b>	<a href="#">Center for Healthcare Policy and Research</a> <a href="#">Sports Medicine Program</a> <a href="#">UC Davis Medical Group</a>
<b>Address/Phone</b>	UC Davis Medical Group - Sacramento (J Street), Sports Medicine, 2805 J St. Suite 300 Sacramento, CA 95816 <b>Phone:</b> 916-734-6805  UC Davis Medical Group - Davis (West Covell Boulevard), 2660 W. Covell Blvd. Suites A, B & C Davis, CA 95616 <b>Phone:</b> 530-747-3000

# Jeffrey L. Tanji, M.D.

**Additional Phone** Physician Referrals: 800-4-UCDAVIS (800-482-3284)

**Education** M.D., UC Davis School of Medicine, Sacramento, California, 1982  
B.S., Stanford University, Palo Alto, California, 1978

**Internships** UC Davis Medical Center, Sacramento, California, 1982-1985

**Residency** UC Davis Medical Center, Sacramento, California, 1982-1985

**Board Certifications** American Board of Family Medicine, 1985  
American Board of Family Medicine, Sports Medicine, 1993

**Professional Memberships** American Academy of Family Physicians  
American College of Sports Medicine  
American Medical Society of Sports Medicine  
Society of Teachers of Family Medicine

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