



## Omar Ahmed, M.D.

**Philosophy of Care** I chose pediatrics because I love the innocence and potential of children, and how parents often take better care of their children than they do of themselves. I strive to form a partnership with my families to reach our common goal of healthy, happy children. I particularly encourage those families who wish to raise their children in multi-lingual environments. I think the best care for children involves open and honest communication between all caregivers, including family, medical providers, and school/day-care.

**Clinical Interests** Omar Ahmed chose pediatrics because he loves the innocence and potential of children, and how parents often take better care of their children than they do of themselves. Ahmed strives to form a partnership with his families to reach a common goal of healthy, happy children. He particularly encourages those families who wish to raise their children in multi-lingual environments. Ahmed thinks the best care for children involves open and honest communication among all caregivers, including family, medical providers, and school/day-care.

**Title** Associate Physician

**Specialty** [Pediatric General](#)

**Department** Pediatrics

**Division** General Pediatrics

**Center/Program Affiliation** [UC Davis Children's Hospital](#)

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**Languages** Arabic, Spanish

**Education** M.D., UC San Diego School of Medicine, La Jolla, California, 2001  
B.S., Stanford University, Stanford, California, 1997

**Internships** UC Davis Medical Center, Sacramento, California, 2001-02

**Residency** UC Davis Medical Center, Sacramento, California, 2002-04

**Board Certifications** American Board of Pediatrics, 2004



## Omar Ahmed, M.D.

### Professional Memberships

Islamic Medical Association

### Honors and Awards

University of California, Davis Department of Pediatrics Outstanding Leadership Award, 2003  
Phi Beta Kappa, 1996

### Select Recent Publications

Shaikh U, Ahmed O. Islam and Infant Feeding. *Breastfeeding Medicine* 2006; 1(3):164-167.  
Ahmed Jr. O, Choi WS, Farkas AJ, Pierce JP. Tobacco education in Cairo, Egypt: is there an effect on adolescent smoking? [letter]. *Tobacco Control*. 1999, Winter, 8(4):440-1.  
Ahmed Jr. O, Kushida CA, Clerk AA, Oh CM, Springer EA, Guilleminault C. Upper airway resistance syndrome: patient characteristics. *Sleep Research*. 1996, 25:322.  
Kushida CA, Guilleminault C, Mignot E, Ahmed Jr. O, Won C, O'Hara B, Clerk AA. Genetics and craniofacial dysmorphism in family studies of obstructive sleep apnea. *Sleep Research*. 1996, 25: 275.

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