



## Laurel A. Finta, M.D.

### Philosophy of Care

After college I spent several years working in medical research at UC San Diego. The research dealt with fetal developmental abnormalities and led to my interest in obstetrics. Obstetrics and gynecology is a very diversified specialty. I was fortunate to spend 16 years in a group practice sharing with my patients the joys of childbirth and taking care of their preventive healthcare needs, and offering them a variety of obstetrical and gynecological surgical procedures. Eleven of those years were with the UC Davis Medical Group in Folsom where I had the opportunity to work with medical students and residents in clinic. I found that teaching them was extremely rewarding. As a result, in 2008 I became the Medical Director for Maternity Services and the first fulltime Laborist at the UC Davis Medical Center. I am very fortunate to spend my days working in Labor and Delivery with patients, medical students, residents, nurses and anesthesiologists, knowing that I have immediate access to the sophisticated specialty services available at the UC Davis Medical Center. I can share my positive attitude and experiences from previous practice to benefit the patients we take care of on a daily basis.

### Clinical Interests

Dr. Finta chose her specialty because obstetrics and gynecology enables her to share the joy of childbirth, encourage preventive health, and perform a variety of obstetrical and surgical procedures. She emphasizes education as a regular part of patient appointments, and encourages the four components of good health: balanced diet, regular exercise, preventive care and positive attitude.

**Title** Medical Director for Maternity Services

**Specialty** Obstetrics and Gynecology

**Department** Obstetrics and Gynecology

**Division** Obstetrics and Gynecology

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**Education** M.D., UC San Diego School of Medicine, La Jolla, California, 1988  
B.S., San Diego State University, San Diego, California, 1976

**Internships**



## Laurel A. Finta, M.D.

UC Davis Medical Center, Sacramento, California, 1988

**Residency** UC Davis Medical Center, Sacramento, California, 1988-1992

**Board Certifications** American Board of Obstetrics and Gynecology, 1994

**Professional Memberships** American College of Obstetricians and Gynecologists  
Sierra Sacramento Valley Medical Society

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