



Carol Vandenakker-Albanese, M.D.

Clinical Interests Dr. Vandenakker Albanese has clinical interests in diagnosis and non-operative care of spine conditions and problems related to sequelae of polio. She speaks locally, nationally and internationally on topics related to spine care and the management of polio-related conditions. Dr. Vandenakker-Albanese is well-known for her expertise in post-polio syndrome and established the UC Davis Post-Polio Clinic in 2001. She serves on the medical advisory board for Post-Polio Health International as well as several local post-polio support groups. Dr. Vandenakker-Albanese reviews manuscripts for multiple medical journals and has authored several book chapters and peer-reviewed journal publications on topics relating to aging with disability, and rehabilitation of spine and post-polio conditions. As the department's Mentoring Director, Residency Program Director and as a Faculty Mentor for the medical school, she promotes quality medical education and fosters professional development.

Title Professor
Residency Program Director

Specialty Physical Medicine and Rehabilitation

Department Physical Medicine and Rehabilitation

Division Physical Medicine and Rehabilitation

Center/Program Affiliation [Spine Center](#)

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Education M.D., Oral Roberts University, Tulsa, Oklahoma, 1986
B.S., Oral Roberts University, Tulsa, Oklahoma, 1980

Internships St. Lukes-Roosevelt Hospital, Columbia University, New York, New York, 1986-87

Residency Rusk Institute of Rehab Medicine, New York University Medical Center, New York, New York, 1987-1990

Board Certifications American Board of Physical Medicine and Rehabilitation, 1991



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Professional Memberships

American Academy of Physical Medicine and Rehabilitation
Association of Academic Physiatrists
International Society of Physical and Rehabilitation Medicine
North American Spine Society

Honors and Awards

Outstanding Aerobics Major – Oral Roberts University, 1980
National Merit Scholar, 1976

Select Recent Publications

Vandenakker-Albanese, C: Post-Polio Syndrome. AAPM&R Knowledge Now, 2013
Siegel L, Vandenakker Albanese C, Siegel D: Anterior Cruciate Ligament Injuries: Anatomy, Physiology, Biomechanics, and Management. Clin J Sport Med, 22(4):349-355, July 2012
Moore MN, Vandenakker Albanese C, Hoffman MD: Use of Partial Body-Weight Support for Aggressive Return to Running after Lumbar Disk Herniation: A Case Report. Archives of Physical Medicine and Rehabilitation 91: 803-805, 2010.
Grimby G, Li J, Vandenakker C, Sandel ME: Post-Polio Syndrome: A Perspective from Three Countries. Physical Medicine and Rehabilitation 1: 103 5-1040, 2009.
Vandenakker C, Glass D: Menopause and Aging with a Disability. Phys Med Rehab Clin North Am 12:1, 2001.
Vandenakker C: Brown-Sequard Syndrome. emedicine.com, Physical Medicine and Rehabilitation, 2001.
Roach KE, Vandenakker C, Wise H, Markei L, Morales C, Lawrence S: A one year follow-up study of patients with post-polio syndrome and other polio survivors. Physical Therapy 77, 1997.
Roach KE, Vandenakker C, Wise H, Prieto N, Reilly K, Walker A, Van Bruggen P: A comparison between patients with post-polio syndrome and other polio survivors. Physical Therapy 76, 1996.

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