



Laurel A. Finta, M.D.

Philosophy of Care

After college I spent several years working in medical research at UC San Diego. The research dealt with fetal developmental abnormalities and led to my interest in obstetrics. Obstetrics and gynecology is a very diversified specialty. I was fortunate to spend 16 years in a group practice sharing with my patients the joys of childbirth and taking care of their preventive healthcare needs, and offering them a variety of obstetrical and gynecological surgical procedures. Eleven of those years were with the UC Davis Medical Group in Folsom where I had the opportunity to work with medical students and residents in clinic. I found that teaching them was extremely rewarding. As a result, in 2008 I became the Medical Director for Maternity Services and the first fulltime Laborist at the UC Davis Medical Center. I am very fortunate to spend my days working in Labor and Delivery with patients, medical students, residents, nurses and anesthesiologists, knowing that I have immediate access to the sophisticated specialty services available at the UC Davis Medical Center. I can share my positive attitude and experiences from previous practice to benefit the patients we take care of on a daily basis.

Clinical Interests

Dr. Finta chose her specialty because obstetrics and gynecology enables her to share the joy of childbirth, encourage preventive health, and perform a variety of obstetrical and surgical procedures. She emphasizes education as a regular part of patient appointments, and encourages the four components of good health: balanced diet, regular exercise, preventive care and positive attitude.

Title Medical Director for Maternity Services

Specialty Obstetrics and Gynecology

Department Obstetrics and Gynecology

Division Obstetrics and Gynecology

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Education M.D., UC San Diego School of Medicine, La Jolla, California, 1988
B.S., San Diego State University, San Diego, California, 1976

Internships



Laurel A. Finta, M.D.

UC Davis Medical Center, Sacramento, California, 1988

Residency UC Davis Medical Center, Sacramento, California, 1988-1992

Board Certifications American Board of Obstetrics and Gynecology, 1994

Professional Memberships American College of Obstetricians and Gynecologists
Sierra Sacramento Valley Medical Society

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