

# Kimberly A. Hardin, M.D.

<b>Clinical Interests</b>	Kimberly A. Hardin's primary clinical area of interest is in pulmonary medicine. She is director of the UC Davis Health System—Veterans Administration Hospital Sleep Lab. Her research includes sleep deprivation in the ICU patient and the development of new bedside neurophysiologic monitoring techniques in patients receiving neuromuscular blocking agents.
<b>Title</b>	Director, Sleep Medicine Fellowship Program Professor
<b>Specialty</b>	Internal Medicine, Pulmonary and Critical Care
<b>Department</b>	Internal Medicine
<b>Division</b>	Pulmonary and Critical Care Medicine
<b>Address/Phone</b>	Patient Support Services Building, 4150 V St. Suite 3400 Sacramento, CA 95817 <b>Phone:</b> 916-734-3564
<b>Additional Phone</b>	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
<b>Education</b>	M.D., UC Irvine College of Medicine, Irvine, California, 1995 B.A., Sonoma State University, Sonoma, California, 1986 M.S., UC San Francisco, San Francisco, California, 1988
<b>Internships</b>	University of California, Davis, Medical Center, Sacramento, California, 1995-96
<b>Residency</b>	University of California, Davis, Medical Center, Sacramento, California, 1996-98
<b>Fellowships</b>	University of California, Davis, Medical Center, Sacramento, California, 1998-2001
<b>Board Certifications</b>	American Board of Internal Medicine, 1998 American Board of Internal Medicine, Critical Care Medicine, 2003 American Board of Internal Medicine, Pulmonary Disease, 2001 American Board of Sleep Medicine, 2003
<b>Professional Memberships</b>	American Academy of Sleep Medicine American College of Chest Physicians American Medical Association American Thoracic Society

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## Honors and Awards

Princeton Recognition Award for Professional Women, 2010  
Outstanding Faculty Teaching Award, UC Davis Pulmonary/Critical Care Fellows, 2010  
America's Best Women's Physician, 2009  
America's Top Physician Award, 2009  
America's Top Physician Award From Consumer's Research Council, 2007

## Select Recent Publications

Hardin K. A. Syndromic Crainosynostosis: Complicated airway obstruction calls for progressive strategies in surgical management. *Expert Rev Resp Med*, 2010;4(3): 315-319.

Zeki, A.A., M. Schivo , A.L. Chan, K.A. Hardin, N.J. Kenyon, T.E. Albertson, G.L. Rosenquist, S. Louie. Immunological Aspects and Geoepidemiology of COPD and Idiopathic Pulmonary Fibrosis. *Autoimmunity Reviews*, 2010;34(3): 327-338.

Hardin, K.A. Sleep in the ICU: potential mechanisms and clinical implications. *Chest*, 2009;136(1): 284-94.

Hilty, D, Young, J, Bourgeoise, J, Klein, S, and Hardin, K. Algorithms for the assessment and management of insomnia in primary care. *Patient Preference and Adherence*, 2009;3: 9-20.

J. Young., D. Hilty, J. Bourgeoise, and Hardin, K.A. Sleep in Hospitalized Medical Patients, Part 2: Behavioral and Pharmacological Management of Sleep Disturbances. *Journal of Hospital Medicine*, 2009;4(1): 50-59.

J. Young, D. Hilty, J. Bourgeoise, and Hardin, K.A. Sleep in Hospitalized Medical Patients, Part 1: Factors Affecting Sleep. *Journal of Hospital Medicine*, 2008;3(6): 473-482.

Hardin, K.A., F. Meyers, S. Louie. Integrating palliative care in severe chronic obstructive lung disease. *COPD: Journal of Chronic Obstructive Pulmonary Disease*, 2008;5: 207-220.

Tzeng, Z.D., M. Markman, and Hardin, K.A. Necrotizing pneumonia and pulmonary gangrene: Difficulty in diagnosis and evaluation, and treatment. *Critical Care/Respiratory Care*, 2007;14: 166-170.

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