

Kimberly A. Hardin, M.D.

Clinical Interests	Kimberly A. Hardin's primary clinical area of interest is in pulmonary medicine. She is director of the UC Davis Health System—Veterans Administration Hospital Sleep Lab. Her research includes sleep deprivation in the ICU patient and the development of new bedside neurophysiologic monitoring techniques in patients receiving neuromuscular blocking agents.
Title	Director, Sleep Medicine Fellowship Program Professor
Specialty	Internal Medicine, Pulmonary and Critical Care
Department	Internal Medicine
Division	Pulmonary, Critical Care, and Sleep Medicine UC Davis Medical Group, Sacramento - Midtown
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Education	M.D., UC Irvine College of Medicine, Irvine, California, 1995 B.A., Sonoma State University, Sonoma, California, 1986 M.S., UC San Francisco, San Francisco, California, 1988
Internships	University of California, Davis, Medical Center, Sacramento, California, 1995-96
Residency	University of California, Davis, Medical Center, Sacramento, California, 1996-98
Fellowships	University of California, Davis, Medical Center, Sacramento, California, 1998-2001
Board Certifications	American Board of Internal Medicine, 1998 American Board of Internal Medicine, Critical Care Medicine, 2003 American Board of Internal Medicine, Pulmonary Disease, 2001 American Board of Sleep Medicine, 2003
Professional Memberships	American Academy of Sleep Medicine American College of Chest Physicians American Medical Association

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American Thoracic Society

Honors and Awards

Princeton Recognition Award for Professional Women, 2010
Outstanding Faculty Teaching Award, UC Davis Pulmonary/Critical Care Fellows, 2010
America's Best Women's Physician, 2009
America's Top Physician Award, 2009
America's Top Physician Award From Consumer's Research Council, 2007

Select Recent Publications

Hardin K. A. Syndromic Crainosynostosis: Complicated airway obstruction calls for progressive strategies in surgical management. *Expert Rev Resp Med*, 2010;4(3): 315-319.

Zeki, A.A., M. Schivo , A.L. Chan, K.A. Hardin, N.J. Kenyon, T.E. Albertson, G.L. Rosenquist, S. Louie. Immunological Aspects and Geoepidemiology of COPD and Idiopathic Pulmonary Fibrosis. *Autoimmunity Reviews*, 2010;34(3): 327-338.

Hardin, K.A. Sleep in the ICU: potential mechanisms and clinical implications. *Chest*, 2009;136(1): 284-94.

Hilty, D, Young, J, Bourgeoise, J, Klein, S, and Hardin, K. Algorithms for the assessment and management of insomnia in primary care. *Patient Preference and Adherence*, 2009;3: 9-20.

J. Young., D. Hilty, J. Bourgeoise, and Hardin, K.A. Sleep in Hospitalized Medical Patients, Part 2: Behavioral and Pharmacological Management of Sleep Disturbances. *Journal of Hospital Medicine*, 2009;4(1): 50-59.

J. Young, D. Hilty, J. Bourgeoise, and Hardin, K.A. Sleep in Hospitalized Medical Patients, Part 1: Factors Affecting Sleep. *Journal of Hospital Medicine*, 2008;3(6): 473-482.

Hardin, K.A., F. Meyers, S. Louie. Integrating palliative care in severe chronic obstructive lung disease. *COPD: Journal of Chronic Obstructive Pulmonary Disease*, 2008;5: 207-220.

Tzeng, Z.D., M. Markman, and Hardin, K.A. Necrotizing pneumonia and pulmonary gangrene: Difficulty in diagnosis and evaluation, and treatment. *Critical Care/Respiratory Care*, 2007;14: 166-170.

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