Kathleen Tong, M.D.

Clinical Interests

Dr. Tong's clinical interests rest in the management of heart failure patients, an expanding population in the United States. Research over the last two decades has brought the medical community many effective pharmaceutical and surgical treatments for heart failure, and patients currently have a better chance at having a meaningful quality of life than ever before. I believe in a multidisciplinary approach to managing chronic diseases and empowering patients through education abut their condition. I am currently involved in a research project that evaluates the effectiveness of a multidisciplinary strategy in the transition of care of heart failure patients from the inpatient to the outpatient setting. I have additional training in advanced heart failure therapies such as heart transplantation and mechanical assist devices so that I can help patients who are at the end stages of their disease navigate all possible treatment options. My primary goals are to ensure that my patients have the best possible quality of life and survival by providing access to all appropriate therapies for their heart failure and to help them understand their condition so that they become members of the care team.

Title

Assistant Professor of Medicine

Specialty

Cardiology, Cardiovascular Medicine, Internal Medicine

Department

Internal Medicine

Division

Cardiovascular Medicine

Center/Program Affiliation

Cardiovascular Services
Vascular Center

Address/Phone

Lawrence J. Ellison Ambulatory Care Center, Cardiology Clinic, 4860 Y St. Suite 0200 Sacramento, CA 95817
Phone: 800-282-3284

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Education

M.D., Northwestern University, Feinberg School of Medicine, Chicago, Illinois, 2003
B.S., UC Davis, Davis, California, 1998

Residency

UC Davis Medical Center, Sacramento, California, 2009

Fellowships

UC Davis Medical Center, Sacramento, California, 2009

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Kathleen Tong, M.D.

UC San Francisco Medical Center, San Francisco, California, 2010

Board Certifications

Advanced Heart Failure and Transplant, pending, 2010
American Board of Internal Medicine, 2003
American Board of Internal Medicine, Cardiovascular Medicine board eligible, 2010

Professional Memberships

International Society for Heart and Lung Transplantation

Select Recent Publications

Tong KL, Wenzel CL, Rost TL. Modular construction of the protoderm and peripheral root cap in the "open" root apical meristem of Trifolium repens cv. Ladino. Protoplasma (2001) 218:214-224.

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