Anastasia C. Waechter, M.D.

Philosophy of Care

I enjoy gastroenterology because it is a diverse speciality that encompasses a variety of illnesses and also has an pivotal role in the prevention of diseases like colon cancer. Furthermore, I get the chance to help patients in the acute hospital setting as well as follow patients with chronic gastrointestinal illnesses over the long term. In my practice, I focus on obtaining a thorough clinical history and educating patients about the known pathophysiology and available treatments for their illnesses. I view my relationship with my patients as a partnership with the goal of empowering my patients to take an active role in their own care through effective education and communication in order to obtain the best possible clinical outcomes.

Title Associate Physician

Specialty Gastroenterology and Hepatology

Division Gastroenterology and Hepatology

Clinic UC Davis Medical Group, Elk Grove
UC Davis Medical Group, J Street

Center/Program Affiliation UC Davis Medical Group

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Education M.D., University of Michigan Medical School, Ann Arbor, MI, 2001
B.S., University of Illinois, Urbana, IL, 1997

Internships Internal Medicine, University of Wisconsin, Madison, WI, 2001-02

Residency Internal Medicine, University of Wisconsin, Madison, WI, 2002-04

Fellowships Gastroenterology & Hepatology, Stanford University Medical Center, Palo Alto, CA, 2005-08

UCDAVIS HEALTH SYSTEM

Anastasia C. Waechter, M.D.

Board Certifications

American Board of Internal Medicine
American Board of Internal Medicine, Gastroenterology

Professional Memberships

American College of Gastroenterology
American Gastroenterlogical Association

Select Recent Publications

Shebani S, Waechter A, Lee J, Shapiro L, Lee, M, Ahmed A, Kamal A. Use of growth factors during interferon-based therapy for recurrent hepatitis C virus infection following liver transplantation. *Gastroenterol* 2008:134(S1):M1875.

Waechter A, Williams J, Lee J, Shapiro J, Lee M, Kamal A, Keeffe EB, Ahmed A. Sustained virological response to interferon-based antiviral therapy by viral genotype in recurrent hepatitis C following liver transplantation. *Am J Gastroenterol* 2007; 102:S342.

Waechter AC. Carcinosarcoma: An unusual hepatic metastasis. *Am J Gastroenterol* 2007; 102: S445.

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