



John A. Robbins, M.D., M.H.S.

Philosophy of Care I became an internist because of my general interest in caring for patients. My philosophy of care is based on really trying to help people; I don't just administer tests for tests' sake. I think my patients can best take care of their good health by choosing a goodlife style, although having healthy parents does not hurt! UC Davis Medical Center has a good group of caring, knowledgeable staff members. Interaction with the students keeps us up to date and makes us think. The Medical Center also offers care that is on the "cutting edge."

Clinical Interests John A. Robbins is a nationally recognized expert in women's health, osteoporosis, heart disease and high blood pressure. He is the principal investigator for a \$10.5 million, 15-year Women's Health Initiative research effort at UC Davis on the causes and treatments of heart disease, cancer and osteoporosis. He has participated in several major National Institutes of Health-funded projects, including studies on cardiovascular health, sleep apnea and hypertension prevention. He has also explored factors that influence patients to obtain, or abstain from, screening mammograms, and authored or co-authored more than 70 scientific articles.

Title Professor

Specialty Internal Medicine

Department Internal Medicine

Division General Medicine

Center/Program Affiliation [Center for Healthcare Policy and Research](#)
[UC Davis Comprehensive Cancer Center](#)
[Women's Center for Health](#)

Address/Phone Lawrence J. Ellison Ambulatory Care Center, General Medicine, 4860 Y St. Suites 0101 & 0400
Sacramento, CA 95817
Phone: 916-734-2737

Additional Phone Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Languages French

Education M.D., Albert Einstein College of Medicine, Bronx, New York, 1971
B.A., Antioch College, Yellow Springs, Ohio, 1966

Internships Rhode Island Hospital, Providence, Rhode Island, 1971-72



John A. Robbins, M.D., M.H.S.

Residency Rochester General Hospital, Rochester, New York , 1974-76
University of Rochester Associated Hospital Program, Rochester, New York, 1976-77

Board Certifications American Board of Internal Medicine, 1976
American Board of Internal Medicine, Geriatric Medicine, 1988

Professional Memberships American College of Physicians, Fellow
American Federation for Clinical Research
American Society for Bone Mineral Research
Society of General Internal Medicine

Select Recent Publications Robbins JA, Hirsch CH, Whitmer R, Cauley J, Harris T. The Association of Bone Mineral Density and Depression in an Elderly Population. *J American Geriatrics Society*. 49:1-5, 2001.
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