

Ru Cai, M.D.

Clinical Interests	As a hospitalist, the main goals are: provide the highest quality of care to hospitalized patients and to serve as primary educators to medical students and residents in the care of hospitalized patients.
Title	Associate Physician Diplomate
Specialty	Hospitalist, Internal Medicine
Department	Internal Medicine
Division	Hospitalist
Address/Phone	UC Davis Medical Center, 2315 Stockton Blvd. Sacramento, CA 95817 Phone: 800-2-UCDAVIS (800-282-3284)
Additional Phone	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
Languages	Chinese (Mandarin)
Education	M.D., Xinjiang Medical University, Urumuqi, Xinjiang, 1989
Internships	McLaren Medical Center, Flint, Michigan, 2000
Residency	McLaren Medical Center, Flint, Michigan, 2001-2002
Board Certifications	American Board of Internal Medicine, 2003
Professional Memberships	American College of Physicians American Medical Association
Select Recent Publications	2004 Vega-Lopez, S., N. Kaul, S. Devaraj, R. Y. Cai, B. German, I. Jialal. Supplementation with omega 3 polyunsaturated fatty acids and all-rac alpha-tocopherol alone and in combination failed to exert an anti-inflammatory effect in human volunteers. <i>Metabolism</i> , 53(2):236-40. 1998 Oyer, C. E., R. Cai, J. J. Coughlin, and D. B. Singer. First trimester pregnancy loss associated with varicella zoster virus infection: histological definition of a case. <i>Human Pathology</i> 28:94-95. 1997 Zheng, W., C. J. Sung, P. Cao, Z.-F. Zhang, R. Cai, A. Godwin, E. E. Kramer, and S. C. Lauchlan. Early occurrence and prognostic significance of p53 alteration in primary carcinoma of the fallopian tube. <i>Gynecologic Oncology</i> 64:38-48.

Ru Cai, M.D.

© 2017 UC Regents