

# Charles L. Stebbins, Ph.D.

**Research/Academic Interests** In general, Dr. Stebbins' research interest is control of the circulation as it relates to regulation of blood pressure and blood flow during exercise. Of particular interest to him are endothelial function and vascular biology as they relate to regulation of skeletal muscle blood flow. Recent studies have focused on the effects of dietary supplements such as fish oils, nitrates and polyphenols on blood pressure, blood flow and vascular function in healthy individuals as well as those with pre-hypertension.

**Title** Professor of Cardiovascular Medicine

**Specialty** [Cardiovascular Medicine](#), Exercise Science, Physiology

**Department** [Internal Medicine](#)

**Division** Cardiovascular Medicine

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**Education** Ph.D., Philosophy, University of Wisconsin, Madison WI 1981

B.S., California State University, Hayward CA 1972

M.A., Physical Education, UC Berkeley, Berkeley CA 1974

**Fellowships** Cardiovascular Neural Control, UC San Diego, San Diego CA 1982-1987

**Professional Memberships** American College of Sports Medicine, Fellow

American Physiological Society

**Select Recent Publications** Doh, H.W., C.L. Stebbins, H.M. Choi, J. Park, H. Nho, J.K. Kim. Histamine H2 receptor blockade augments blood pressure responses to acute submaximal exercise in males. Applied Physiology, Nutrition, and Metabolism. 2016.

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