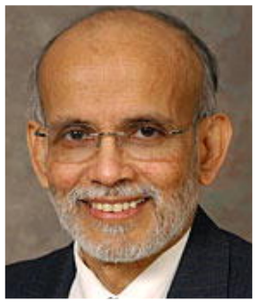

C. Tissa Kappagoda, M.D., Ph.D.

Clinical Interests
C. Tissa Kappagoda specializes in regression of atherosclerosis and methods for restoring endothelium-derived relaxing factor. He is interested in treatment of coronary atherosclerosis, obesity and type 2 diabetes by lifestyle modifications such as exercise training, low-fat diet and stress management. His research focuses on heart failure, endothelial findings and clinical trials of nutritional supplements.

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Professor

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American College of Cardiology
Fellow of the American Heart Association
Fellow of the Royal College of Physicians of Canada
Fellow of the Royal College of Physicians of Edinburgh
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Select Recent Publications
Edirisinghe I, Banaszewski K, Cappozzo J, Sandhya K, Ellis CL, Tadapaneni R, Kappagoda CT, Burton-Freeman BM. Strawberry anthocyanin and its association with postprandial inflammation and insulin. Br J Nutr. 2011;1-10.

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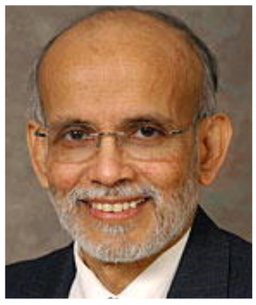

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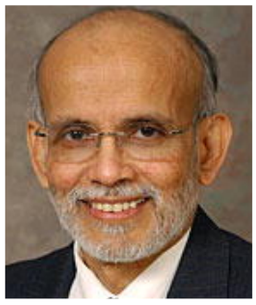

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