



Mark E. Servis, M.D.

Philosophy of Care

Dr. Servis practices from a holistic perspective that understands and treats the patient using a biopsychosocial framework that includes cultural and spiritual dimensions.

Clinical Interests

Dr. Servis is a general psychiatrist with training and experience in consultation psychiatry to medical and surgical specialties.

He has special expertise in personality disorders, integrated and collaborative care, and psychodynamic psychotherapy.

Research/Academic Interests

Dr. Servis is a national leader in medical education and a member of the UC Davis School of Medicine faculty for more than 25 years. His research interests include medical and residency education, cognitive models for the development of diagnostic expertise, psychiatry and spirituality, teaching professionalism and ethics, consultation-liaison psychiatry and psychosomatic medicine, treating severe personality disorders and neuropsychiatry.

An expert in integrating psychiatric care with primary-care settings, he has pioneered combined residency training programs in family medicine and psychiatry, and internal medicine and psychiatry.

Title

Professor of Psychiatry and Behavioral Sciences, Department of Psychiatry and Behavioral Sciences
Vice Dean for Medical Education, School of Medicine

Specialty

Psychosomatic Medicine

Department

[Office of the Dean, School of Medicine](#)
[Psychiatry and Behavioral Sciences](#)

Division

Adult Psychiatry

Address/Phone

Psychiatry and Behavioral Sciences, 2230 Stockton Blvd. Sacramento, CA 95817
Phone: 916-734-3574

Additional Phone

Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Education

M.D., Yale University School of Medicine, New Haven CT 1984
B.S., Wheaton College, Wheaton IL 1979

Internships

Psychiatry, New York Hospital, New York NY 1984-1985

Residency

Chief Resident, New York Hospital, New York NY 1988-1989
Psychiatry, New York Hospital, New York NY 1985-1988

Board Certifications



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American Board of Psychiatry and Neurology

Professional Memberships

American Association of Directors of Psychiatric Residency Training
American Medical Association
American Psychiatric Association
Association of American Medical Colleges
Central California Psychiatric Society
Sacramento Valley Medical Society

Honors and Awards

Alpha Omega Alpha Honor Medical Society, 2017
Dean's Team Award for Inclusion Excellence in Community Engagement, UC Davis Health, 2016
President's Award, Association of Medicine and Psychiatry, 2012
ADPRT Model Curriculum Award in Cultural Psychiatry, 2010
Dean's Team Award for Excellence in Education, UC Davis Health, 2010
C. John Tupper Prize for Excellence in Teaching, UC Davis School of Medicine, 2009
UC Davis Health System Chief of Staff Award, UC Davis Health, 2008
UC Davis School of Medicine Commencement Speaker, 2007
Vice Chancellor's Faculty Award, UC Davis Health, 2006

Select Recent Publications

Boland RJ, Becker M, Levenson JL, Servis M, Crone CC, Edgar L, Thomas CR. The milestones for psychosomatic medicine subspecialty training. *Psychosomatics*. 2015;56(2):153-167.

Sanders K, Servis M, Boland B. The four general competencies. *Academic Psychiatry*. 2014; 38: 268-274.

Seritan AL, Rai G, Servis M, Pomeroy C. The office of student wellness: innovating to improve student mental health. *Academic Psychiatry*. 2014; 40:152-155.

Widge A, Hunt J, Servis M. Systems-based practice and practice-based learning for general psychiatry: old competencies, new emphasis. *Academic Psychiatry*. 2014; 38:288-293.

Fairman N, Crofut A, Servis M. Crisis as a classroom: use of a health system crisis to teach ethics



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and professionalism. *Academic Psychiatry*. 2012; 36:138-141.

Jibson MD, Hilty DM, Arlinghaus K, Ball VL, McCarthy T, Seritan AL, Servis ME. Clinician-educator tracks for residents: three pilot programs. *Academic Psychiatry*. 2010; 34:269-276.

Bourgeois JA, Kahn D, Servis M. Reflections on psychosomatic medicine as a third-year medical student clerkship: an integrated experience that demonstrates the biopsychosocial model. *Academic Psychiatry*. 2012;36:240-242.

Hales RE, Shahrokh NC, Servis M. A progress report on a department of psychiatry faculty practice plan designed to reward educational and research productivity. *Academic Psychiatry*. 2009;33: 248-251.

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