Omar Ahmed, M.D.

Philosophy of Care

I chose pediatrics because I love the innocence and potential of children, and how parents often take better care of their children then they do of themselves. I strive to form a partnership with my families to reach our common goal of healthy, happy children. I particularly encourage those families who wish to raise their children in multi-lingual environments. I think the best care for children involves open and honest communication between all caregivers, including family, medical providers, and school/day-care.

Clinical Interests

Omar Ahmed chose pediatrics because he loves the innocence and potential of children, and how parents often take better care of their children then they do of themselves. Ahmed strives to form a partnership with his families to reach a common goal of healthy, happy children. He particularly encourages those families who wish to raise their children in multi-lingual environments. Ahmed thinks the best care for children involves open and honest communication among all caregivers, including family, medical providers, and school/day-care.

Title

Associate Physician

Specialty

Pediatric General

Department

Pediatrics

Division

General Pediatrics

Center/Program Affiliation

UC Davis Children's Hospital

Address/Phone

Glassrock Building, 2521 Stockton Blvd. Suite 2200 Sacramento, CA 95817
Phone: 916-734-3112

Additional Phone

Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Languages

Arabic, Spanish

Education

M.D., UC San Diego School of Medicine, La Jolla, California, 2001
B.S., Stanford University, Stanford, California, 1997

Internships

UC Davis Medical Center, Sacramento, California, 2001-02

Residency

UC Davis Medical Center, Sacramento, California, 2002-04

Board Certifications

American Board of Pediatrics, 2004

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Omar Ahmed, M.D.

Professional Memberships

Islamic Medical Association

Honors and Awards

University of California, Davis Department of Pediatrics Outstanding Leadership Award, 2003

Phi Beta Kappa, 1996

Select Recent Publications

Shaikh U, Ahmed O. Islam and Infant Feeding. Breastfeeding Medicine 2006; 1(3):164-167.

Ahmed Jr. O, Choi WS, Farkas AJ, Pierce JP. Tobacco education in Cairo, Egypt: is there an effect on adolescent smoking? [letter]. Tobacco Control. 1999, Winter, 8(4):440-1.

Ahmed Jr. O, Kushida CA, Clerk AA, Oh CM, Springer EA, Guilleminault C. Upper airway resistance syndrome: patient characteristics. Sleep Research. 1996, 25:322.

Kushida CA, Guilleminault C, Mignot E, Ahmed Jr. O, Won C, O'Hara B, Clerk AA. Genetics and craniofacial dysmorphism in family studies of obstructive sleep apnea. Sleep Research. 1996, 25: 275.

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