



## Dennis M. Styne, M.D.

### Philosophy of Care

I understand that complex endocrine conditions in a child may affect the whole family and I guide my care to include the family unit. As a result of this, I work alongside an excellent team of nurses, dietitians and social workers as the family proceeds through the evaluation and treatment process. I aim to only perform laboratory or radiographic tests when truly indicated so as to spare the child or teenager discomfort and expense. I see my patients on a consistent basis providing continuity of care.

Since I practice in our university system, the patient and family can be assured of having state of the art treatment the same as what can be provided at fine institutions across the world.

Indeed our team develops new comprehensive methods of evaluation and treatment to benefit the patients and to teach other doctors how to provide such excellent care.

### Clinical Interests

Dr. Styne cares for all types of pediatric endocrine patients and has written a text book on the subject. He is interested in obesity, growth disorders, disorders of puberty and of course, diabetes mellitus but accepts children and teenagers with any disorder of the endocrine system.

Dr. Styne is an expert in all areas of Pediatric Endocrinology and has written a textbook on the subject for providers around the world. He is also a leader in the evaluation and treatment of childhood obesity and the complications that arise from it.

### Research/Academic Interests

Dr. Styne is considered an authority on puberty, growth and obesity and has numerous publications in these areas and many others. He leads the International team that developed guidelines for the evaluation and treatment of childhood obesity. He has an avid interest in the effects of endocrine disrupting chemicals in the environment on the development of children.

Dr. Styne has performed research and published chapters and papers on many aspects of pediatric endocrinology. While his initial focus was on disorders of growth and puberty more recently he has turned his attention to childhood obesity and its effects. He is recognized as an outstanding teacher and is asked to give presentations across the country and internationally on topics of pediatric endocrinology.

**Title** Professor of Pediatrics, Yocha Dehe Endowed Chair in Pediatric Endocrinology

**Specialty** Pediatrics, Pediatric Endocrinology

**Department** [Pediatrics](#)

**Division** Pediatric Endocrinology

**Center/Program Affiliation** [UC Davis Children's Hospital](#)



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### [Center for Health and Technology](#)

|                                   |  |
|-----------------------------------|--|
| <b>Address/Phone</b>              | Glassrock Building, Pediatric Specialty Clinics, 2521 Stockton Blvd. Suite 3200 Sacramento, CA 95817<br><b>Phone:</b> 916-734-3112   |
| <b>Additional Phone</b>           | Clinic Phone: 916-734-8336<br>Clinic Fax: 916-734-1241<br>Physician Referrals: 800-4-UCDAVIS (800-482-3284)  |
| <b>Education</b>                  | M.D., Northwestern University, Chicago IL 1971<br>B.S., Northwestern University, Evanston IL 1969  |
| <b>Internships</b>                | Pediatrics, UC San Diego, San Diego CA 1971-1972   |
| <b>Residency</b>                  | Pediatrics, UC San Diego, San Diego CA 1972-1973<br>Pediatrics, Yale - New Haven Hospital, New Haven CT 1973-1974  |
| <b>Fellowships</b>                | Pediatric Endocrinology, UC San Francisco, San Francisco CA 1974-1977  |
| <b>Board Certifications</b>       | American Board of Pediatrics, 1976<br>American Board of Pediatrics, Pediatric Endocrinology, 2002<br>National Board of Medical Examiners, 1971   |
| <b>Professional Memberships</b>   | American Academy of Pediatrics<br>American Pediatric Society<br>Endocrine Society<br>Obesity Society<br>Pediatric Endocrine Society<br>Western Society for Pediatric Research  |
| <b>Honors and Awards</b>          | 2007 - 2015 Best Doctors in America<br>Dean's Excellence in Mentoring, UC Davis Medical Center, School of Medicine, Department of Pediatrics, 2013<br>Medical Student Research Forum Appreciation Award (for mentoring Mo Mortazavi, MD), 2008<br>Frank Oski, MD Distinguished Visiting Professor, Syracuse, NY, 2007<br>University of Oregon Health Sciences, 31st Annual Bilderback Lecture, 2006<br>Yocha Dehe Endowed Chair in Pediatric Endocrinology 2006- |
| <b>Select Recent Publications</b> | Styne DM: Pediatric Endocrinology - A Clinical Handbook, Springer International Publishing AG,   |



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Styne DM and Grumbach MM: Physiology and Disorders of Puberty, Melmed %26amp%3B Polonsky %26amp%3B Larsen @ Cronenberg, (ed) Williams Textbook of Endocrinology. 2016;Ch. 25, Vol. 13, Elsevier, pp. 1074-1218.

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