



## Robert M. Szabo, M.D., M.P.H.

**Clinical Interests** Robert M. Szabo is one of the country's leading hand surgeons. His clinical interests include hand and upper-extremity problems such as brachial plexus and peripheral nerve surgery; shoulder, elbow and wrist joint replacements; wrist reconstruction, including arthroscopy; congenital deformities, including Ilizarov reconstructions; tumors; and microvascular reconstructive free tissue transfers. Szabo is associate editor for Journal of Hand Surgery, Techniques in Hand and Wrist Surgery and Operative Orthopaedics, Hand Section. He serves on the editorial board of Journal of the Southern Orthopaedic Association and reviews for Journal of Bone and Joint Surgeons, Clinical Orthopaedic & Related Research. His research interests include nerve compression lesions, nerve repair and regeneration biology, tendon healing and adhesion formation, and epidemiology of repetitive trauma and injury prevention.

**Philosophy of Care**

My philosophy of care is to educate my patients and help them evaluate and take delivery of the best evidence-based therapeutic options available to manage their upper extremity disorders.

**Title** Chief of Hand and Upper Extremity Service  
Professor

**Specialty** Orthopaedic Surgery - Hand and Microvascular Surgery

**Department** Orthopaedic Surgery

**Division** Orthopaedic Surgery

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**Education** M.D., State University of New York School of Medicine, Buffalo, New York, 1977  
B.A., New York University, Bronx, New York, 1973

**Residency** Mount Sinai Medical Center, New York City, New York, 1977-82

**Fellowships** Ilizarov Surgery Fellowship Program, Lecco, Italy, 1991  
University of California, San Diego, San Diego, California, 1982-83



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### Board Certifications

American Board of Orthopaedic Surgery, 1985  
American Board of Orthopaedic Surgery, Certification of Added Qualification, Surgery of the Hand, 1989  
American Board of Orthopaedic Surgery, Certification of Added Qualification, Surgery of the Hand, 1998  
American Board of Orthopaedic Surgery, Certification of Added Qualification, Surgery of the Hand, 2009  
American Board of Orthopaedic Surgery, Diplomate, 1985  
American Board of Orthopaedic Surgery, Hand Surgery, 1989  
American Board of Orthopaedics, Recertification of Continuing Education and Practice Requirements, 1998  
American Board of Orthopaedics, Recertification of Continuing Education and Practice Requirements, 2009

### Professional Memberships

American Academy of Orthopaedic Surgeons  
American Hand Therapist Foundation, Board Member  
American Orthopaedic Association  
American Society for Surgery of the Hand  
Association of Bone and Joint Surgeons  
Orthopaedic Research Society  
Western Orthopaedic Association

### Honors and Awards

U.S. News and World Report Top Doctors, 2011  
Sacramento Super Doctors, Top Doctors, 2011  
Sacramento Magazine, One of the Best Doctors in the Region, 2011

### Select Recent Publications

Kim SH, Wise BL, Zhang Y, Szabo RM. Increasing incidence of shoulder arthroplasty in the United States. *J Bone Joint Surg Am.* 2011 Dec 21;93(24):2249-54.  
Szabo RM. Perioperative antibiotics for carpal tunnel surgery. *J Hand Surg Am.* 2010 Jan;35(1):122-4.  
Szabo RM. What is our identity? What is our destiny? *J Hand Surg Am.* 2010 Dec;35(12):1925-37. Epub 2010 Nov 12.  
Szabo RM. Dorsal Capsulodesis, Fractures and Injuries of the Distal Radius and Carpus: The Cutting Edge. Slutsky, DJ and Osterman, AL (editors), Saunders/Elsevier, Philadelphia, PA, Chapter 48, pp. 475-479 (2009).  
Szabo RM. MacDermid JD. An Introduction to Evidence-Based Practice for Hand Surgeons and



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Therapists, *Hand Clinics*, 25(1): 1-14 (2009).

Szabo RM. Steroid Injection for Lateral Epicondylitis, - *Evidence-Based Medicine: The Journal of Hand Surgery*, 34(2): 326-330 (2009).

Szabo RM. Peterson BM. Scaphotrapezial Arthritis After a Carpometacarpal Fusion in a Patient with Marfan's Syndrome: Case Report, *The British Journal of Hand Surgery*, 33E(6): 806-809 (2008).

Szabo RM. Scapholunate Ligament Repair with Capsulodesis Reinforcement, *The Journal of Hand Surgery*. 33A: 1645-1654 (2008).

Szabo RM. Show Me the Evidence, *The Journal of Hand Surgery*. 33(2): 150-156 (2008).

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