



## Jason K. Chang, M.D., M.S.

**Philosophy of Care** I chose to specialize in internal medicine because it enables me to focus on the big picture, to treat the whole person, and yet it challenges me to look at the details. It gives me the opportunity to work with a variety of people from diverse backgrounds and treat a broad spectrum of medical diseases. My philosophy of care is to treat my patients as I would my own family. I believe in establishing a good physician-patient relationship based on open communication, honesty and trust. I encourage my patients to take an active role in their health and the promotion of a healthy, balanced lifestyle, including diet, exercise and stress reduction. I like to emphasize the importance of health education and prevention for a healthy and happy life.

**Clinical Interests** Jason K. Chang chose to specialize in internal medicine because it enables him to focus on the big picture and treat the whole person, yet it challenges him to look at the details. Chang's believes in establishing a good physician-patient relationship based on open communication, honesty and trust. He emphasizes the importance of health education and prevention.

**Title** Associate Physician

**Specialty** Internal Medicine

**Department** [UC Davis Medical Group](#)

**Division** UC Davis Medical Group, Sacramento - Midtown

**Center/Program Affiliation** [UC Davis Medical Group](#)

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**Education** M.D., University of Hawaii School of Medicine, Honolulu, Hawaii, 1991  
M.S., Stanford University, Stanford, California, 1987  
B.S., Santa Clara University, Santa Clara, California, 1985

**Internships** University of Washington, Seattle, Washington, 1991-92

**Residency** Kaiser Permanente Medical Center, San Francisco, California, 1992-94

**Board Certifications** American Board of Internal Medicine, 2005



## Jason K. Chang, M.D., M.S.

### Professional Memberships

American College of Physicians  
Sierra-Sacramento Valley Medical Society

### Honors and Awards

French Foundation for Medical Research and Education's Dwight L. Wilbur, M.D., Award for Excellence in Health Care, 1994

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