Jason K. Chang, M.D., M.S.

Philosophy of Care

I chose to specialize in internal medicine because it enables me to focus on the big picture, to treat the whole person, and yet it challenges me to look at the details. It gives me the opportunity to work with a variety of people from diverse backgrounds and treat a broad spectrum of medical diseases. My philosophy of care is to treat my patients as I would my own family. I believe in establishing a good physician-patient relationship based on open communication, honesty and trust. I encourage my patients to take an active role in their health and the promotion of a healthy, balanced lifestyle, including diet, exercise and stress reduction. I like to emphasize the importance of health education and prevention for a healthy and happy life.

Clinical Interests

Jason K. Chang chose to specialize in internal medicine because it enables him to focus on the big picture and treat the whole person, yet it challenges him to look at the details. Chang's believes in establishing a good physician-patient relationship based on open communication, honesty and trust. He emphasizes the importance of health education and prevention.

Title

Associate Physician

Specialty

Internal Medicine

Department

UC Davis Medical Group

Division

UC Davis Medical Group, Sacramento - J Street

Clinic

UC Davis Medical Group, Sacramento

Center/Program Affiliation

UC Davis Medical Group

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Education

M.D., University of Hawaii School of Medicine, Honolulu, Hawaii, 1991
M.S., Stanford University, Stanford, California, 1987
B.S., Santa Clara University, Santa Clara, California, 1985

Internships

University of Washington, Seattle, Washington, 1991-92

Residency

Kaiser Permanente Medical Center, San Francisco, California, 1992-94

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Jason K. Chang, M.D., M.S.

Board Certifications American Board of Internal Medicine, 2005

Professional Memberships American College of Physicians
Sierra-Sacramento Valley Medical Society

Honors and Awards French Foundation for Medical Research and Education's Dwight L. Wilbur, M.D., Award for Excellence in Health Care, 1994

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