



Jeffrey Uppington, M.B.B.S.

Clinical Interests	Dr. Uppington's clinical support involves working in the operating room two-to-three days/week providing cardiothoracic anesthesia, transesophageal echocardiograms (TEE) and general anesthesia. His research includes new anesthetic agents and servo control of anesthetic infusions.
Title	Clinical Professor Chief of Staff Director, Division of Perioperative Medicine
Specialty	Anesthesiology, Anesthesiology - Cardiovascular and Thoracic
Department	Anesthesiology
Division	General Anesthesiology
Center/Program Affiliation	Cardiovascular Services
Address/Phone	Patient Support Services Building, 4150 V St. Suite 1200 Sacramento, CA 95817 Phone: 916-734-5031
Additional Phone	Department Fax: 916-734-7980
Education	M.B.B.S., The London Hospital Medical School, London, England 1971
Internships	St. Martin's Hospital, Bath, England 1971-1972 Surgery, The London Hospital, London, England 1971
Residency	Anesthesia, United Bath Hospitals, Bath, England 1972-1973 Ob/Gyn- Psychiatry- General Practice, United Bath Hospitals, Bath, England 1973-1975
Board Certifications	American Board of Anesthesiology, 1988 National Board of Echocardiography, 2002
Professional Memberships	American Society of Anesthesiologists Association of Anesthetics of Great Britain and Ireland Society for Education in Anesthesia Society of Anesthetists of the South Western Region, Great Britain Society of Cardiovascular Anesthesiologists Society of Obstetric Anesthetists, Great Britain



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Honors and Awards

Dean's Team Award for Excellence, Geriatric Fracture Hip Study collaborated with Dr. Phillip Wolinsky, 2016

Dean's Team Award for Excellence in Clinical Care: Interstitial Gynecological Brachytherapy Program, UC Davis School of Medicine, 2015

Best Poster Award Certificate, UC Davis Health, In recognition of the outstanding poster titled: Delayed Time to Surgery: A Possible Risk Factor for Post-Hip Fracture Mortality?, 2015

Spirit of Excellence Award, Quality Week Physician Recognition, UC Davis Health, 2015

Chief of Staff award for UCDCM Excellence in Quality, UC Davis Medical Center, 2014

Select Recent Publications

Neuman MD, Gaskins LJ, Ziolek T and the REGAIN Investigators. Time to institutional review board approval with local versus central review in a multicenter pragmatic trial. SAGE Journals. 2017 e-pub.

Dort JC, Farwell DG, Findlay M, Huber GF, Kerr P, Shea-Budgell MA, Simon C, Uppington J, Zygun D, Ljungqvist O, Harris J. Optimal Perioperative Care in Major Head and Neck Cancer Surgery with Free Flap Reconstruction: A Consensus Review and Recommendations From the Enhanced Recovery After Surgery Society. JAMA Otolaryngology-Head & Neck Surgery. 2017;143(3): 292-303.

Dort JC, Farwell G, Findlay M, Huber G, Kerr P, Shea-Budgell M, Simon C, Uppington J, Zygun D, Ljungqvist O, Harris J. Consensus Review of Optimal Perioperative Care in Major Head and Neck Surgery with Free Flap Reconstruction- Multidisciplinary Approaches to Enhanced Recovery After Surgery: A Focus on Nutrition Care Recommendations. Journal of the American Medical Association. 2016.

Haskins J, Carson JG, Chang C, Kirshuit C, Link D, Navarra L, Scher L, Sciolla A, Uppington J, Yellowlees P. The Suicide Prevention, Depression Awareness and Clinical Engagement Program for Faculty and Residents at the University of California Davis Health System. Acad. Psychiatry. 2015; 40: 23-29.



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Haskins J, Carson JG, Chang C, Kirshuit C, Link D, Navarra L, Scher L, Sciolla A, Uppington J, Yellowlees P. The Suicide Prevention, Depression Awareness and Clinical Engagement Program for Faculty and Residents at the University of California Davis Health System. *Acad. Psychiatry*. 2015; 40: 23-29.

Konia M, Uppington J, Moore P, Liu H. Ascending aortic pseudoaneurysm: a late complication of coronary artery bypass. *Anesth Analg*. 2008;106(3):767-8.

Konia MR, Uppington J. Diastolic regurgitation through a bi-leaflet mechanical valve in the mitral position. *Anesth Analg*. 2008;107(4):1166-7.

Uppington J: Guidelines, recommendations, protocols and practice, Shorten G, Brown J, Carr O, Puig M, Harmon O, (ed), *Postoperative Pain Management--A Guide to Evidence Based Practice* (Chapter 3), Elsevier, 2006.

Uppington J: Opioids, Ballantyne JC, (ed), *The Massachusetts General Hospital Handbook of Pain Management*, 3rd edition, Lippincott Williams and Wilkins, 2006;104-26.

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