



Scott T. MacDonald, M.D.

Philosophy of Care

I enjoy internal medicine because I see a wide variety of personalities and medical problems. At the same time, the field is focused enough that I can keep up to date on the latest developments and provide the best care for my patients.

Being a good physician requires me to be at different times a scientist, counselor, detective, listener, advocate, technician, and ethicist. The trick is to fine-tune my role based on each patient's situation at that particular time.

I believe that good listening is one of the most important skills a doctor can have. I care about my patients as people, not just a collection of medical problems. I encourage patients to respect their bodies and know when to seek help to develop healthy habits that can last a lifetime.

I value my affiliation with UC Davis and its wealth of resources, staff and facilities as a way to connect my patients to superior support whenever they need special medical care.

Clinical Interests

Scott T. MacDonald believes that as a good physician, he may be required to be alternately a scientist, counselor, detective, listener, advocate, technician and ethicist. He encourages his patients to respect their bodies and know when to seek help to develop healthy habits that can last a lifetime.

Title Associate Physician

Specialty Internal Medicine

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Education M.D., Rush Medical College, Chicago IL 1997
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Internships UC Davis Medical Center, Sacramento CA 1997-1998

Residency UC Davis Medical Center, Sacramento CA 1998-2000

Board Certifications American Board of Internal Medicine, 2010

Professional Memberships American College of Physicians



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Select Recent Publications

Barr C, Marois M, Sim I, Schmid CH, Wilsey B, Ward D, Duan N, Hays RD, Selsky J, Servadio J, Schwartz M, Dsouza C, Dhammi N, Holt Z, Baquero V, MacDonald S, Jerant A, Sprinkle R, Kravitz RL. The PREEMPT study - evaluating smartphone-assisted n-of-1 trials in patients with chronic pain: study protocol for a randomized controlled trial. *Trials*. 2015 Feb 27;16:67.

Howell LP, MacDonald S, Jones J, Tancredi DJ, Melnikow J. Can automated alerts within computerized physician order entry improve compliance with laboratory practice guidelines for ordering Pap tests? *J Pathol Inform*. 2014 Sep 30;5:37.

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