



## Scott T. MacDonald, M.D.

### Philosophy of Care

I enjoy internal medicine because I see a wide variety of personalities and medical problems. At the same time, the field is focused enough that I can keep up to date on the latest developments and provide the best care for my patients. Being a good physician requires me to be at different times a scientist, counselor, detective, listener, advocate, technician, and ethicist. The trick is to fine-tune my role based on each patient's situation at that particular time.

I believe that good listening is one of the most important skills a doctor can have. I care about my patients as people, not just a collection of medical problems. I encourage patients to respect their bodies and know when to seek help to develop healthy habits that can last a lifetime. I value my affiliation with UC Davis and its wealth of resources, staff and facilities as a way to connect my patients to superior support whenever they need special medical care.

### Clinical Interests

Scott T. MacDonald believes that as a good physician, he may be required to be alternately a scientist, counselor, detective, listener, advocate, technician and ethicist. He encourages his patients to respect their bodies and know when to seek help to develop healthy habits that can last a lifetime.

**Title** Associate Physician

**Specialty** Internal Medicine

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**Division** UC Davis Medical Group, Sacramento - J Street

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**Center/Program Affiliation** [UC Davis Medical Group](#)

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## Scott T. MacDonald, M.D.

**Internships** University of California, Davis Medical Center, Sacramento, California, 1997-2000

**Residency** University of California, Davis Medical Center, Sacramento, California, 1997-2000

**Board Certifications** American Board of Internal Medicine, 2010

**Professional Memberships** American College of Physicians

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