

Gertrudes P. Montemayor, M.D.

Philosophy of Care The most satisfying part of being a family practitioner is establishing long-term relationships with my patients and their families. The ideal patient-physician relationship is a partnership based on mutual trust. When patients come to me with illnesses, I educate them about the various treatment options available and how the treatments affect the potential outcomes. Together, we make decisions regarding which treatment is most appropriate for each situation. Patients who make informed decisions are more likely to comply with the treatment regimen. Knowledge is an important part of the recovery process, and I have found that my patients usually recover quicker if they understand why they are pursuing a certain treatment. I am pleased to be a UC Davis physician. During these times, when the emphasis in medicine seems to be on less costly services, we must continue providing the best and most appropriate patient care. This is my goal: a philosophy that the university shares.

Clinical Interests As a family physician, Dr. Montemayor has the opportunity to establish long-term relationships with her patients and their families. She likes to educate patients about illnesses, various treatment options and how different treatments affect outcome.

Title Associate Physician

Specialty Family and Community Medicine

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Clinic UC Davis Medical Group, Folsom

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Internships Ventura County Medical Center, Ventura, California, 1991-94

Residency Ventura County Medical Center, Ventura, California, 1991-94

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Board Certifications American Board of Family Medicine, 1994

Professional Memberships American Academy of Family Practice

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