



## William J. Brady, M.D.

**Philosophy of Care** Medicine seemed like a natural way to combine my love of science with an affinity for working with people. My training gave me a broad background in adult health issues, but listening is the skill I use to apply that knowledge in daily practice. Carefully listening to my patients, particularly aging patients, often is the key to good evaluation. I like to practice preventive medicine by emphasizing balanced nutrition, proper exercise and good lifestyle habits to improve health. When caring for the elderly, I try to balance quality of life with aggressiveness in evaluating health issues. I consider patient comfort and dignity to be very important, so I avoid being overly aggressive with technology when the patient and the family consider it inappropriate.

**Clinical Interests** William J. Brady applies a broad base of knowledge in listening, especially when evaluating older patients. He stresses preventive medicine by emphasizing the importance of balanced nutrition, proper exercise and good lifestyle choices. In caring for the elderly, Brady tries to balance quality of life with aggressiveness in evaluating health issues.

**Title** Associate Physician

**Specialty** Internal Medicine

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**Education** M.D., Northwestern University, Chicago, Illinois, 1983  
B.S., UC Davis, Davis, California, 1978

**Internships** University of Cincinnati, Cincinnati, Ohio, 1983-84



## William J. Brady, M.D.

**Residency** University of Cincinnati, Cincinnati, Ohio, 1984-87

**Board Certifications** American Board of Internal Medicine, 1986

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