



## Paul G. Seites, M.D.

### Philosophy of Care

I enjoy the variety of disciplines, the challenge and the breadth of knowledge of working in family practice. I always treat people the way I would want to be treated, and I strive to enable my patients to make informed, intelligent decisions regarding their medical care. I would characterize my practice as being patient-friendly, accessible and approachable. I emphasize preventive measures with my patients, including proper diet, exercise and early intervention when needed. At UC Davis Medical Group, I can serve my patients well because of my ability to draw on the expertise of the UC Davis Medical Center and bring this knowledge into our community.

### Clinical Interests

Paul G. Seites enjoys the variety of disciplines and breadth of knowledge involved in family practice. To help patients achieve optimum health, he emphasizes preventive measures, including proper diet, exercise and early intervention as needed.

**Title** Associate Physician

**Specialty** Family and Community Medicine

**Department** [UC Davis Medical Group](#)

**Division** UC Davis Medical Group, Elk Grove

**Clinic** UC Davis Medical Group, Elk Grove

**Center/Program Affiliation** [UC Davis Medical Group](#)

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**Education** M.D., Wayne State University School of Medicine, Detroit, Michigan, 1981  
B.A., Hope College, Holland, Holland, Michigan, 1977

**Internships** Malcolm Grow Medical Center, Andrews AFB, Washington, District of Columbia, 1981-84

**Residency** Malcolm Grow Medical Center, Andrews AFB, Washington, District of Columbia, 1981-84

**Board Certifications** American Board of Family Medicine, 1984

**Professional Memberships** American Academy of Family Physicians  
California Medical Association



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