



## Jose Francisco Abad, M.D.

<b>Philosophy of Care</b>	My role as your physician is to facilitate your health and well being. I believe the body has an immense capacity to heal itself (in many regards) and I want to help you reach that potential.
<b>Clinical Interests</b>	Preventative care, adolescent care, and Women's Health including prenatal care. How to incorporate mindfulness and medical narrative into clinic practice.
<b>Title</b>	Associate Physician
<b>Specialty</b>	Family and Community Medicine
<b>Department</b>	Family and Community Medicine UC Davis Medical Group
<b>Division</b>	Family and Community Medicine UC Davis Medical Group, Folsom
<b>Clinic</b>	UC Davis Medical Group, Campus Commons UC Davis Medical Group, Folsom
<b>Center/Program Affiliation</b>	<a href="#">UC Davis Medical Group</a>
<b>Address/Phone</b>	UC Davis Medical Group - Folsom, 271 Turn Pike Dr. Folsom, CA 95630 <b>Phone:</b> 916-985-9300
	UC Davis Medical Group - Sacramento (Campus Commons), 500 University Avenue, Ste. 220 Sacramento, CA 95825 <b>Phone:</b> 916-286-8700
<b>Additional Phone</b>	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
<b>Languages</b>	Spanish
<b>Education</b>	M.D., University of Massachusetts Medical School, Worcester, Massachusetts, 2009 B.A., Amherst College, Amherst, Massachusetts, 2003
<b>Internships</b>	UC Davis Medical Center, Sacramento, CA, 2010
<b>Residency</b>	UC Davis Medical Center, Sacramento, CA, 2012
<b>Board Certifications</b>	American Board of Family Medicine, 2012



## Jose Francisco Abad, M.D.

**Professional Memberships** American Academy of Family Physicians

**Honors and Awards** Active Teaching in Family Medicine presented by AAFP, 2011

**Select Recent Publications** Abad JF, Benjamin S. Insomnia. 5 Minute Clinical Consult. 2009.  
Abad JF. A Learner's Perspective on the Value of the Humanities in Medicine. Worcester Medicine. Worcester District Medical Society. May/June 2009.  
Dorn SD, Abad JF, Panagopoulos G, Korelitz BI. Clinical Characteristics of familial versus sporadic Crohn's disease using the Vienna Classification. Inflamm Bowel Dis. 2004 May;10(3):201-6.

© 2015 UC Regents