



Jeffrey A. Applebaum, M.D.

Philosophy of Care

As primary care physicians today, the family practitioner plays an essential role in the health and well-being of individuals and families across our country. More than ever, it is vital to have a physician who knows and understands the family: both the medical issues as well as social and emotional dynamics. I wish to really get to know people as individuals, over time, and as life evolves. This entails sharing in happiness and joy, and working through sadness and turmoil. The long-term relationship that follows, the caring and involvement — this is what family medicine is all about.

Clinical Interests

Jeffrey Applebaum provides a broad range of care to people of all ages, from newborns to geriatric patients. He promotes balance as a healthy concept in life, advising his patients to exercise their minds as well as their bodies, to nourish themselves while eating in moderation, and to take time for themselves and their families.

Title Assistant Clinical Professor, Family Medicine

Specialty Family and Community Medicine

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Division UC Davis Medical Group, Folsom

Clinic UC Davis Medical Group, Folsom

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Education M.D., University of Washington School of Medicine, Seattle, Washington, 1970

B.A., University of Washington, Seattle, Washington, 1966

Internships University of California, Los Angeles - Harbor General Medical Center, Torrance, California, 1970-1971

Residency University of California, Los Angeles - Harbor General Medical Center, Torrance, California, 1971-1974

Board Certifications American Board of Family Medicine, 2004



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Professional Memberships

American Academy of Family Practice, National + Calif. organizations

Master of Clinician Certification in psychopharmacology by the Neuroscience Education Institute,
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