



Jeffrey A. Applebaum, M.D.

Philosophy of Care	As primary care physicians today, the family practitioner plays an essential role in the health and well-being of individuals and families across our country. More than ever, it is vital to have a physician who knows and understands the family: both the medical issues as well as social and emotional dynamics. I wish to really get to know people as individuals, over time, and as life evolves. This entails sharing in happiness and joy, and working through sadness and turmoil. The long-term relationship that follows, the caring and involvement — this is what family medicine is all about.
Clinical Interests	Jeffrey Applebaum provides a broad range of care to people of all ages, from newborns to geriatric patients. He promotes balance as a healthy concept in life, advising his patients to exercise their minds as well as their bodies, to nourish themselves while eating in moderation, and to take time for themselves and their families.
Title	Assistant Clinical Professor, Family Medicine
Specialty	Family and Community Medicine
Department	UC Davis Medical Group
Division	UC Davis Medical Group, Folsom
Clinic	UC Davis Medical Group, Folsom
Center/Program Affiliation	UC Davis Medical Group
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Education	M.D., University of Washington School of Medicine, Seattle, Washington, 1970 B.A., University of Washington, Seattle, Washington, 1966
Internships	University of California, Los Angeles - Harbor General Medical Center, Torrance, California, 1970-1971
Residency	University of California, Los Angeles - Harbor General Medical Center, Torrance, California, 1971-1974
Board Certifications	American Board of Family Medicine, 2004



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Professional Memberships

American Academy of Family Practice, National + Calif. organizations

Master of Clinician Certification in psychopharmacology by the Neuroscience Education Institute,
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