



Tony Y. Lai, M.D.

Philosophy of Care

As a family physician, I enjoy providing care to a wide variety of patients from children to the elderly. My role as a physician is to empower the patient to be well, whatever their own medical knowledge or philosophy may be. I have an interest in the latest evidence based treatments and enjoy the long-term relationship that I establish with patients.

Research/Academic Interests

Preventative care, adolescent care, dermatology, sports medicine.

Title Associate Physician

Specialty Family and Community Medicine

Division UC Davis Medical Group, Rancho Cordova

Clinic UC Davis Medical Group, Rancho Cordova

Center/Program Affiliation [UC Davis Medical Group](#)

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Education M.D., Drexel University College of Medicine, Philadelphia, PA, 2010
B.S., UC Davis, Davis, CA, 2002

Internships Family and Community Medicine, UC Davis Medical Center, Sacramento, CA, 2010-11

Residency Family and Community Medicine, UC Davis Medical Center, Sacramento, CA, 2011-13

Professional Memberships AAFP
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