



## Martina Randolph, M.D.

### Philosophy of Care

I believe that the best treatment for the common conditions and diseases seen today, such as diabetes, coronary artery disease, congestive heart failure and obesity, is prevention. In my practice, this is accomplished by encouragement, and by equipping my patients to make wise lifestyle choices, including proper diet, exercise, and cessation of harmful habits like smoking and a sedentary lifestyle. I enjoy developing relationships with my patients and their families, which helps me understand them better and ensure good continuity of care. Children are very welcome in my office. I provide medical care to the best of my knowledge according to the latest standards. I hope that every patient of mine feels cared for and cared about.

### Clinical Interests

Dr. Randolph received training in full-scope family medicine. Her clinical interests include women's health, pediatrics and preventive medicine.

**Title** Associate Physician

**Specialty** Family and Community Medicine

**Department** [UC Davis Medical Group](#)

**Division** UC Davis Medical Group, Folsom

**Clinic** UC Davis Medical Group, Folsom

**Center/Program Affiliation** [UC Davis Medical Group](#)

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**Languages** Czech, Slovak

**Education** M.D., Komenius University School of Medicine, Bratislava, Slovak Republic, 1999

**Internships** UC Davis Medical Center, Sacramento, California, 2003-2004

**Residency** UC Davis Medical Center, Sacramento, California, 2004-2006

**Professional Memberships** American Academy of Family Physicians (AAFP)



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