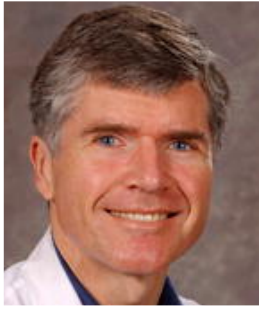


Gregory S. Redmond, M.D.

Philosophy of Care	I became an internist because I was interested in providing comprehensive medical care. Internal medicine also gives me the opportunity to understand my patients' social and emotional concerns. I believe in empowering and educating patients to make decisions about their care, with me as their partner and adviser. This involvement by patients, coupled with good health practices, such as proper exercise, diet, stress reduction and avoiding alcohol and smoking, is truly important for optimum good health. I speak Spanish and German fluently and enjoy having patients from a variety of cultural backgrounds. I like learning about my patients' personal lives. I consider the access to comprehensive treatment—both specialist and generalist care—a real plus for patients at UC Davis Medical Group.
Clinical Interests	Gregory S. Redmond provides comprehensive primary care for patients he sees on an ongoing basis. He emphasizes patient education, which enables his patients to make decisions about their own health care. As a competitive runner, he would like to see more young athletes in his practice.
Title	Associate Physician
Specialty	Internal Medicine
Department	UC Davis Medical Group
Division	UC Davis Medical Group, Sacramento - Midtown
Center/Program Affiliation	UC Davis Medical Group
Address/Phone	UC Davis Midtown Ambulatory Care Center, UC Davis Medical Group - Midtown Internal Medicine, 3160 Folsom Blvd Suite 2500 Sacramento, CA 95816 Phone: 916-734-7777
Additional Phone	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
Languages	French, German, Spanish
Education	M.D., Washington University School of Medicine, St. Louis, Missouri, 1992 B.S., Stanford University, Palo Alto, California, 1988
Residency	University of California, Davis, Medical Center, Sacramento, California, 1992-95
Board Certifications	American Board of Internal Medicine, 2005



Gregory S. Redmond, M.D.

Professional Memberships American College of Physicians

© 2017 UC Regents