



## Carol Vandenakker-Albanese, M.D.

**Clinical Interests** Dr. Vandenakker Albanese has clinical interests in diagnosis and non-operative care of spine conditions and problems related to sequelae of polio. She speaks locally, nationally and internationally on topics related to spine care and the management of polio-related conditions. Dr. Vandenakker-Albanese is well-known for her expertise in post-polio syndrome and established the UC Davis Post-Polio Clinic in 2001. She serves on the Board of Directors and the medical advisory board for Post-Polio Health International as well as several local post-polio support groups.

Dr. Vandenakker-Albanese reviews manuscripts for multiple medical journals and has authored several book chapters and peer-reviewed journal publications on topics relating to aging with disability, and rehabilitation of spine and post-polio conditions.

As the department's Mentoring Director, Residency Program Director and as a Faculty Mentor for the medical school, she promotes quality medical education and fosters professional development.

**Title** Professor  
Residency Program Director

**Specialty** Physical Medicine and Rehabilitation

**Department** [Physical Medicine and Rehabilitation](#)

**Division** Physical Medicine and Rehabilitation

**Center/Program Affiliation** [Spine Center](#)

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**Education** M.D., Oral Roberts University, Tulsa, Oklahoma, 1986  
B.S., Oral Roberts University, Tulsa, Oklahoma, 1980

**Internships** St. Lukes-Roosevelt Hospital, Columbia University, New York, New York, 1986-87

**Residency** Rusk Institute of Rehab Medicine, New York University Medical Center, New York, New York,



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1987-1990

**Board Certifications** American Board of Physical Medicine and Rehabilitation, 1991

**Professional Memberships** American Academy of Physical Medicine and Rehabilitation  
Association of Academic Physiatrists  
International Society of Physical and Rehabilitation Medicine  
North American Spine Society

**Honors and Awards** David D. Kilmer Faculty Teaching Award, 2014

**Select Recent Publications** Vandenakker-Albanese, C: Post-Polio Syndrome. AAPM&R Knowledge Now, 2013  
Siegel L, Vandenakker Albanese C, Siegel D: Anterior Cruciate Ligament Injuries: Anatomy, Physiology, Biomechanics, and Management. Clin J Sport Med, 22(4):349-355, July 2012  
Moore MN, Vandenakker Albanese C, Hoffman MD: Use of Partial Body-Weight Support for Aggressive Return to Running after Lumbar Disk Herniation: A Case Report. Archives of Physical Medicine and Rehabilitation 91: 803-805, 2010.  
Grimby G, Li J, Vandenakker C, Sandel ME: Post-Polio Syndrome: A Perspective from Three Countries. Physical Medicine and Rehabilitation 1: 103 5-1040, 2009.  
Vandenakker C, Glass D: Menopause and Aging with a Disability. Phys Med Rehab Clin North Am 12:1, 2001.  
Vandenakker C: Brown-Sequard Syndrome. emedicine.com, Physical Medicine and Rehabilitation, 2001.

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