



## Carol Vandenakker-Albanese, M.D.

### Clinical Interests

Dr. Vandenakker-Albanese has clinical interests in diagnosis and non-operative care of spine conditions and problems related to sequelae of polio. She has extensive experience working with a team of spine specialists to provide patients with consultation, an accurate diagnosis and the most effective treatments and therapies available. Dr. Vandenakker-Albanese is well-known for her expertise in post-polio syndrome and established the UC Davis Post-Polio Clinic in 2001. Dr. Vandenakker-Albanese emphasizes patient education regarding their conditions to promote self-management and patient directed care. She speaks locally, nationally and internationally on topics related to spine care and the management of polio-related conditions. She reviews manuscripts for multiple medical journals and has authored several book chapters and peer-reviewed journal publications on topics relating to aging with disability, and rehabilitation of spine and post-polio conditions.

As the department's Mentoring Director and Residency Program Director, she promotes quality medical education and fosters professional development.

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|-----------------------------------|--|
| <b>Title</b>                      | Professor<br>Residency Program Director  |
| <b>Specialty</b>                  | Physical Medicine and Rehabilitation   |
| <b>Department</b>                 | <a href="#">Physical Medicine and Rehabilitation</a>   |
| <b>Division</b>                   | Physical Medicine and Rehabilitation   |
| <b>Center/Program Affiliation</b> | <a href="#">Spine Center</a>   |
| <b>Address/Phone</b>              | Cannery Building, Spine Center, 3301 C St. Suite 1500 Sacramento, CA 95816<br><b>Phone:</b> 916-734-7463 |
| <b>Additional Phone</b>           | Physician Referrals: 800-4-UCDAVIS (800-482-3284)  |
| <b>Education</b>                  | M.D., Oral Roberts University, Tulsa OK 1986<br>B.S., Oral Roberts University, Tulsa OK 1980             |
| <b>Internships</b>                | Internal Medicine, St. Lukes-Roosevelt Hospital, Columbia University, New York NY 1986-1987              |
| <b>Residency</b>                  | Physical Medicine and Rehabilitation, Rusk Institute of Rehab Medicine, New York University              |



## Carol Vandenakker-Albanese, M.D.

Medical Center, New York NY 1987-1990

**Board Certifications** American Board of Physical Medicine and Rehabilitation, 1991

**Professional Memberships** American Academy of Physical Medicine and Rehabilitation  
Association of Academic Physiatrists  
International Society of Physical and Rehabilitation Medicine  
North American Spine Society

**Honors and Awards** David D. Kilmer Faculty Teaching Award, 2014

**Select Recent Publications** Vandenakker-Albanese, C: Post-Polio Syndrome. AAPM%26amp%3BR Knowledge Now, 2013.

Siegel L, Vandenakker Albanese C, Siegel D: Anterior Cruciate Ligament Injuries: Anatomy, Physiology, Biomechanics, and Management. Clin J Sport Med. 2012 July;22(4):349-355.

Moore MN, Vandenakker Albanese C, Hoffman MD: Use of Partial Body-Weight Support for Aggressive Return to Running after Lumbar Disk Herniation: A Case Report. Archives of Physical Medicine and Rehabilitation. 2010; 91: 803-805.

Grimby G, Li J, Vandenakker C, Sandel ME: Post-Polio Syndrome: A Perspective from Three Countries. Physical Medicine and Rehabilitation. 2009; 1:103 5-1040.

Vandenakker C, Glass D: Menopause and Aging with a Disability. Phys Med Rehab Clin North Am. 2001;12:1.

Vandenakker C: Brown-Sequard Syndrome. emedicine.com. Physical Medicine and Rehabilitation. 2001.

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