

Brian A. Davis

Clinical/Research Interests

Dr. Davis specializes in the nonsurgical treatment of sports and musculoskeletal disorders. He has published and lectured extensively on sports medicine topics and has provided medical care to all levels of athletes. He served as the U.S. Team Physician for the 2004 Paralympic Team in Athens, Greece. He has also served as the Team Physician for USA Swimming, USA Track and Field, and the Sacramento River Cats Baseball Team (Triple A). He is currently a Team Physician for the California State University, Sacramento (Sac State) athletic programs. Dr. Davis also has provided medical sporting event coverage at the 2010 Paralympics, the 2002 Olympic and Paralympic Games, the USA Track and Field Olympic Trials and National Championships, and the USA Boxing National Championships. He has also been selected by the London Organizing Committee to be a physician for the 2012 Olympic and Paralympic Games.

Dr. Davis employs the philosophy that exercise truly is medicine. He is a strong advocate for the use of exercise as a healing tool and to re-train athletes to return to their sport of enjoyment, whether it is at the professional or recreational level. He recommends Yoga, Pilates, physical therapy and many other training modalities to assist with athlete recovery. He may recommend injections for improved health and is a leader in the area of the use of ultrasound for the evaluation of injuries and the guidance of injections where needed. He is one of several UC Davis Sports Medicine physicians that are using one's own blood via injection to attempt to stimulate healing without surgery.

Title Associate Professor

Specialty Sports Medicine - Physical Medicine & Rehabilitation, Physical Medicine and Rehabilitation, Sports

Medicine

Center/Program Affiliation Spine Center, Sports Medicine Program

Address Lawrence J. Ellison Ambulatory Care Center, 4860 Y St. 1700 Sacramento, CA 95817

Phone (916) 734-7041

Languages Spanish

Education Meharry Medical College, Nashville, Tennessee, M.D., 1992

Northern Illinois University, DeKalb, Illinois, B.S., 1986

Internships Hospital of the University of Pennsylvania/Presbyterian Medical Center, Pittsburgh, Pennsylvania,





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1992-1993 Internal Medicine

Residency University of Medicine and Dentistry of New Jersey-New Jersey Medical School, Newark, New

Jersey, 1993-1996, Physical medicine and Rehabilitation

Fellowships University of Medicine and Dentistry of New Jersey-New Jersey Medical School, Newark, New

Jersey, 1996-1997, Physical Medicine and Rehabilitation/Sports

Board Certifications American Board of Electrodiagnostic Medicine, 2008

American Board of Physical Medicine and Rehabilitation, 2005

Professional Memberships American Academy of Physical Medicine and Rehabilitation

American Association of Electrodiagnostic Medicine

American Association of Professional Ringside Physicians

American College of Sports Medicine

American Medical Association

Association of Academic Physiatrists

Honors and Awards American Academy of PM & R, New Investigator Award, 2001

UC Davis, PM & R Teacher of the Year, 2001 USA Boxing Certificate of Recognition, 2000

American Academy of PM & R, Best Scientific Research Paper, 1999

Who' Who in the World, 1997

American Medical Association's Glaxo Welcome Leadership Award, 1997

New Jersey Society of PM&R Annual Research Award for best research presentation, 1996

Department of PM&R Resident Research Award for best research presentation, University of Med.

& Dentistry of New Jersey, New Jersey Medical School, 1996

Department of Infectious Disease Certificate of Recognition for contributions to the Dept. of

Infectious Disease, Presbyterian Medical Center, 1996 Honors Graduate, Meharry Medical College, 1992

Alpha Omega Alpha Honor Society, 1991

Select Recent Publications Lundgren JL and Davis BA. Leg pain – recreational athlete. Med Sci Sports Exerc (Abs) 2002; 33

(5S):S55.

Davis BA and Edwards JJ. Isolated subscapularis tear in a recreational athlete due to minimal trauma: a case report. Arch Phys Med Rehabil 2001; 82:1740-1743.





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Jaffe MJ and Davis BA. Posterior knee pain – ultimate Frisbee player. Med Sci Sports Exerc (Abs) 2000; 32(5S):S255.

Jaffe MJ, Edwards JJ and Davis BA. Back and leg pain – soccer. Med Sci Sports Exerc (Abs) 1999; 31(5S):S245.

Edwards JJ, Jaffe MJ and Davis BA. Shoulder pain – cross trainer. Med Sci Sports Exerc (Abs) 1999; 31(5S):S142.

Scott MP, Finnoff JT, Davis BA. Femoral neck stress fracture presenting as gluteal pain in a marathon runner: case report. ARCHIVES OF PHYSICIAL MEDICINE REHABILITATION 1999;80 (2):236-238

Scott MP, Finnoff JT and Davis BA. Hip Injury – Running. Med Sci Sports Exerc (Abs) 1998; 30 (5S):S142.

Davis BA et al. The reliability of monopolar and bipolar fine-wire electromyographic measurement of muscle fatigue. MEDICAL SCIENCE SPORTS EXERCISE 1998;30(8):1328-1335

Davis BA and Feinberg JH. Anatomic localization: Imaging techniques. In: Gonzalez EG and Materson RS (eds), The nonsurgical management of acute low back pain: cutting through the AHCPR guidelines, Demos Vermande Publishers, New York, 1997: 31-57.

Davis BA, Feinberg JH, Malanga GM and Nadler SF. Knee pain – tennis. Med Sci Sports Exerc (Abs) 1997; 29(5S):S274.

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