



Nasim Fazel, M.D., D.D.S.

Clinical Interests

Dr. Fazel is a dual certified dermatologist and dentist with a special interest in the medical management of oral mucosal diseases and soft-tissue pathology, including oral lichen planus, aphthous ulcers, burning mouth syndrome, oral vesiculobullous disease (e.g., pemphigus and pemphigoid), and oral signs of systemic disease.

Her background in dentistry gives her special insight into the pathophysiology of these conditions. She is a nationally recognized leading expert in the field of oral mucosal disease receiving regular referrals from the Northern and Southern California area and Nevada.

Research/Academic Interests

Dr. Fazel's primary research interest is focused on oral mucosal disorders specifically, oral lichen planus including the epigenetics and pathogenesis of the disease, diagnostic devices in translational biophotonics, quality of life measures and potential novel therapies for refractory disease including IVIG and biologics.

Title Associate Professor of Clinical Dermatology

Specialty [Dermatology](#)

Department [Dermatology](#)
[UC Davis Medical Group](#)

Division Dermatology

Clinic UC Davis Medical Group, Folsom
Dermatology Clinic

Center/Program Affiliation [UC Davis Medical Group](#)

Address/Phone Cannery Building, Dermatology, 3301 C St. Suite 1300-1400 Sacramento, CA 95816
Phone: 916-734-6111

UC Davis Medical Group - Folsom, 1370 Prairie City Rd. Folsom, CA 95630
Phone: 916-985-9300

Additional Phone Phone: 916-734-6876
Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Email nfazel@ucdavis.edu



Nasim Fazel, M.D., D.D.S.

Languages Persian

Education D.D.S., Northwestern University Dental School, Chicago IL 1993
M.D., University of Michigan Medical School, Ann Arbor MI 1999

Internships Oakwood Hospital, Dearborn, MI 2000

Residency Henry Ford Health System, Detroit MI 2003

Board Certifications American Board of Dermatology, 2012
Northeastern Regional Board Certification for Dentistry, 1994

Professional Memberships American Academy of Dermatology, Fellow
Association of Professors of Dermatology
Omicron Kappa Upsilon Honorary Society
Sacramento District Dental Society
Sacramento Valley District Society, past president
Society of Investigative Dermatology
Women's Dermatologic Society

Honors and Awards Omicron Kappa Upsilon Honorary Society Award, 1994
Alpha Omega Scholar Award, 1994
International College of Dentists Award, 1994
Teledyne Hanau Prosthodontic Award, 1994
Employee Excellence in Compassion Award, UC Davis Health System, 2015

Select Recent Publications Millsop JW, Fazel N. Oral candidiasis. Clin Dermatol. 2016 Jul-Aug;34(4):487-94.

Davari P, Fazel N. Practical pearls for oral procedures. Clin Dermatol. 2016 Jul-Aug;34(4):440-8.

Arzi B, Mills-Ko E, Verstraete FJ, Kol A, Walker NJ, Badgley MR, Fazel N, Murphy WJ, Vapniarsky N, Borjesson DL. Therapeutic Efficacy of Fresh, Autologous Mesenchymal Stem Cells for Severe Refractory Gingivostomatitis in Cats. Stem Cells Transl Med. 2016 Jan;5(1):75-86.

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Heath KR, Rogers RS, Fazel N. Oral manifestations of connective tissue disease and novel therapeutic approaches. *Dermatol Online J.* 2015 Oct 16;21(10).

Tuong W, Fazel N, Eisen DB. Factors Influencing Applicants' Ranking of Dermatology Residency Programs in the National Resident Matching Program. *JAMA Dermatol.* 2015 Dec 1;151(12):1378-1380.

Olazagasti J, Gorouhi F, Fazel N. A critical review of personal statements submitted by dermatology residency applicants. *Dermatol Res Pract.* 2014;2014:934874.

Davari P, Hsiao HH, Fazel N. Mucosal lichen planus: an evidence-based treatment update. *Am J Clin Dermatol.* 2014 Jul;15(3):181-95.

Fazel N. Cutaneous lichen planus: A systematic review of treatments. *J Dermatolog Treat.* 2015 Jun;26(3):280-3.

Gorouhi F, Davari P, Fazel N. Cutaneous and mucosal lichen planus: a comprehensive review of clinical subtypes, risk factors, diagnosis, and prognosis. *ScientificWorldJournal.* 2014 Jan 30;2014:742826.

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