

Melody Y. Hou, M.D., M.P.H., F.A.C.O.G.

Clinical Interests	General gynecology with a subspecialty in family planning. Dr. Hou's research interests include: contraceptive advances and utilization; employing technology to assist in family planning; abnormal intrauterine pregnancy; medical management of early pregnancy failure; and medical student education.
Title	Associate Professor Director, Medical Student Education in Obstetrics and Gynecology
Specialty	Family Planning, Gynecology, Obstetrics and Gynecology
Department	Obstetrics and Gynecology
Division	Family Planning
Address/Phone	Lawrence J. Ellison Ambulatory Care Center, Obstetrics and Gynecology Clinic, 4860 Y St. Suite 2500 Sacramento, CA 95817 Phone: 916-734-6900 Glassrock Building - Obstetrics and Gynecology Clinic (Women's Clinic), OB/GYN, 2521 Stockton Blvd. Suite 4200 Sacramento, CA 95817 Phone: 916-734-6363
Additional Phone	Phone: 800-4-UCDAVIS (800-482-3284)
Education	M.D., Harvard Medical School, Boston MA 2003 M.P.H., Clinical effectiveness, Concentration in Epidemiology, Harvard University School of Public Health, Boston MA 2008 B.A., Northwestern University, Evanston IL 1999
Internships	Obstetrics and Gynecology, UCLA Medical Center, Los Angeles CA 2003-2004
Residency	Obstetrics and Gynecology, Beth Israel Deaconess Medical Center, Boston MA 2004-2007
Fellowships	Family Planning, Brigham and Women's Hospital, Boston MA 2007-2009
Board Certifications	American Board of Obstetrics and Gynecology

Melody Y. Hou, M.D., M.P.H., F.A.C.O.G.

Professional Memberships American College of Obstetricians and Gynecologists
Society of Family Planning

Honors and Awards APGO Excellence in Teaching Award, University of California, Davis School of Medicine, 2013
APGO Excellence in Teaching Award, Boston University School of Medicine, 2012
ASCCP Louis Burke Award in Excellence in Colposcopy, Beth Israel Deaconess Medical Center, 2007
The Endocrine Society Medical Student Achievement Award, Harvard Medical School, 2003
Hollis L. Albright Award, 2001
The Endocrine Society Student Research Fellowship Award, 2000

Select Recent Publications Sonalkar, S., Hou, My.Y. Borgatta L., Administration of the etonogestrel contraceptive implant on the day of mifepristone for medical abortion: a pilot study. *Contraception*. 2013;88(5):671-673.

Borgatta L., Ronari D., Sonalkar S., Mark A, Hou MY, Finneseth M. Vragovi O. Mifepristone vs. osmotic dilator insertion for cervical preparation prior to surgical abortion at 14-16 weeks: a randomized trial. *Contraception*. 2012;86:567-71.

Edlow, A.G., Hou, M.Y., Maurer, R., Benson, C., Delli-Bovi, L., Goldberg, A.B. Uterine Evacuation for Second-Trimester Fetal Death and Maternal Mortality. *Obstet Gynecology*. 2011;117(2):307-316.

Hou, M.Y., Hurwitz, S., Kavanagh, E., Fortin, J., Goldberg, A.B. Using Daily Text-Message Reminders to Improve Adherence with Oral Contraceptives: A Randomized Controlled Trial. *Obstet Gynecology*. 2010;116 (3):633-640

Grimes, D.A., Hou, M.Y., Lopez, L.M., Nanda, K. Do Clinical Experts Rely on the Cochrane Library? *Obstet Gynecology*. 2008;111(2):420-22.

Ciccone N.A., Lacza C.T., Hou M.Y., Gregory S.J., Kam K.Y., Xu S., Kaiser U.B. A Composite

Melody Y. Hou, M.D., M.P.H., F.A.C.O.G.

Element that Binds Basic Helix Loop Helix and Basic Leucine Zipper Transcription Factors Is Important for GnRH Regulation of the FSH β Gene. *Mol Endocrinol.* 2008;22(8):1908-23.

Rosenzweig, A.C., Huffman, D.L., Hou, M.Y., Wernimont, A.K., Pufahl, R.A., O'Halloran, T.V. Crystal Structure of the Atx1 Metallochaperone Protein at 1.02 Å Resolution. *Structure Fold Des.* 1999;7:605-17.

© 2017 UC Regents