



Klea D. Bertakis, M.D., M.P.H.

Philosophy of Care	<p>Dr. Bertakis strongly believes in patient-centered care, which encourages patients to be actively involved in their own health. In her opinion, a healthy diet, exercise program, stress reduction and attention to health-promotion issues are the most important factors in good health.</p> <p>The Family Medicine Clinic offers expert primary care health services, education and research. She is pleased to be able to provide her patients with this level of service.</p>
Clinical Interests	<p>As a family physician, Dr. Bertakis cares for all members of the family. She provides a breadth of services that includes everything from preconception counseling to geriatric care. Her emphasis is on patient education, health promotion and preventive care.</p>
Research/Academic Interests	<p>As the founding director of the UC Davis Center for Health Services Research in Primary Care, Dr. Bertakis focuses her research on doctor-patient interaction, physician practice styles and patient outcomes.</p>
Title	Professor and Chair, Family and Community Medicine
Specialty	Family and Community Medicine
Department	Family and Community Medicine
Division	Family and Community Medicine
Center/Program Affiliation	Center for Healthcare Policy and Research UC Davis Medical Group
Address/Phone	Lawrence J. Ellison Ambulatory Care Center, 4860 Y St. Suite 1600 Sacramento, CA 95817 Phone: 916-734-3630
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Education	M.D., University of Utah School of Medicine, Salt Lake City UT 1977 M.P.H., UC Berkeley, Berkeley CA 1977 B.S., UC Davis, Davis CA 1973
Residency	University of Utah, Salt Lake City UT 1980
Board Certifications	American Board of Family Medicine, 2004 National Board of Medical Examiners, 1978
Professional Memberships	American Academy of Family Physicians American Medical Association



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California Medical Association
Sacramento-El Dorado County Medical Society
Society of Teachers of Family Medicine

Honors and Awards

Selected as one of the “Best Doctors in the United States.” 2007, 2012
Honorary Member of The Order of the Medical Surgeons and Dentists of Bologna, Italy, 2006
Dean’s Excellence in Mentoring Award. Nomination is “by junior faculty for the special role you have played in their academic development and help provided them in attaining their full academic potential.”, 2005

Select Recent Publications

Jerant A, Bertakis KD, Franks P. Body mass index and health care utilization in diabetic and nondiabetic individuals. *Med Care*. 2015 May;53(5):409-16.

Jerant AF, Bertakis KD, Franks P. Body Mass Index and Health Status in Diabetics and Non-Diabetic Individuals. *Nutrition %26amp%3B Diabetes*. Published online April 27, 2015.

Jerant A, Fenton JJ, Bertakis KD, Franks P. Satisfaction with health care providers and preventive care adherence: a national study. *Med Care*. 2014 Jan;52(1):78-85.

Jerant A, Bertakis KD, Fenton JJ, Franks P. Gender of physician as the usual source of care and patient health care utilization and mortality. *J Am Board Fam Med*. 2013 Mar-Apr;26(2):138-48.

Tancredi DJ, Bertakis KD, Jerant A. Short-term stability and spread of the U.S. News %26amp%3B World Report primary care medical school rankings. *Acad Med*. 2013 Aug;88(8):1107-15.

Jerant A, Griffin E, Rainwater J, Henderson M, Sousa F, Bertakis KD, Fenton JJ, Franks P. Does applicant personality influence multiple mini-interview performance and medical school acceptance offers? *Acad Med*. 2012 Sep;87(9):1250-9.



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Jerant A, Bertakis KD, Fenton JJ, Franks P. Extended office hours and health care expenditures: a national study. *Ann Fam Med*. 2012 Sep-Oct;10(5):388-95.

Fenton JJ, Jerant AF, Bertakis KD, Franks P. The cost of satisfaction: a national study of patient satisfaction, health care utilization, expenditures, and mortality. *Arch Intern Med*. 2012 Mar 12; 172(5):405-11.

Bertakis KD, Azari R. Patient-centered care: the influence of patient and resident physician gender and gender concordance in primary care. *J Womens Health (Larchmt)*. 2012 Mar;21(3):326-33.

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