



Klea D. Bertakis, M.D., M.P.H.

Philosophy of Care	<p>Dr. Bertakis strongly believes in patient-centered care, which encourages patients to be actively involved in their own health. In her opinion, a healthy diet, exercise program, stress reduction and attention to health-promotion issues are the most important factors in good health.</p> <p>The Family Medicine Clinic offers expert primary care health services, education and research. She is pleased to be able to provide her patients with this level of service.</p>
Clinical Interests	<p>As a family physician, Dr. Bertakis cares for all members of the family. She provides a breadth of services that includes everything from preconception counseling to geriatric care. Her emphasis is on patient education, health promotion and preventive care.</p>
Research/Academic Interests	<p>As the founding director of the UC Davis Center for Health Services Research in Primary Care, Dr. Bertakis focuses her research on doctor-patient interaction, physician practice styles and patient outcomes.</p>
Title	Professor and Chair, Family and Community Medicine
Specialty	Family and Community Medicine
Department	Family and Community Medicine
Division	Family and Community Medicine
Center/Program Affiliation	Center for Healthcare Policy and Research UC Davis Medical Group
Address/Phone	Lawrence J. Ellison Ambulatory Care Center, 4860 Y St. Suite 1600 Sacramento, CA 95817 Phone: 916-734-3630
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Education	M.D., University of Utah School of Medicine, Salt Lake City, Utah, 1977 M.P.H., UC Berkeley, Berkeley, California, 1977 B.S., UC Davis, Davis, California, 1973
Residency	University of Utah, Salt Lake City, Utah, 1980
Board Certifications	American Board of Family Medicine, 2004 National Board of Medical Examiners, 1978
Professional Memberships	American Academy of Family Physicians American Medical Association



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California Medical Association
Sacramento-El Dorado County Medical Society
Society of Teachers of Family Medicine

Honors and Awards

Selected as one of the “Best Doctors in the United States.”, 2007
Honorary Member of The Order of the Medical Surgeons and Dentists of Bologna, Italy, 2006
Dean’s Excellence in Mentoring Award. Nomination is “by junior faculty for the special role you have played in their academic development and help provided them in attaining their full academic potential.”, 2005

Select Recent Publications

Zanetidou S, Murri MB, Buffa A, Malavolta N, Anzivino F, Bertakis KD. Vitamin D Supplements in Geriatric Major Depression. *International Journal of Geriatric Psychiatry* 2011;26:1209-1210.
Bertakis KD, Azari R. Determinants and Outcomes of Patient-Centered Care. *Patient Education and Counseling* 2011;85:46-52.
Bertakis KD, Azari R. Is Patient-Centered Care Associated with Decreased Utilization? *Journal of the American Board of Family Medicine* 2011;24:229-239.
Jerant A, Bertakis KD, Fenton JJ, Tancredi DJ, Franks P. Patient-Provider Sex and Race/Ethnicity Concordance: A National Study of Healthcare and Outcomes. *Medical Care* 2011;49:1012-1020.
Jerant A, Srinivasan M, Bertakis KD, Rahman A, Pan R, Kravitz R. Attributes Affecting the Medical School Primary Care Experience. *Academic Medicine* 2010; 85:605-613.
Bertakis KD, Azari R. Patient Gender Difference in the Prediction of Medical Expenditures. *Journal of Women’s Health* 2010;19:1925-1932.
Bertakis, KD, Franks P, Esptein RM. Patient Centered Communication in Primary Care: Physician and Patient Gender and Gender Concordance. *Journal of Women’s Health* 2009;18:539-545.
Lee JS, Bertakis KD, Meyers FJ, Chedin E, Tarantal A, Anderson K, Berglund L. Cardiovascular Disease in Women - Challenges Deserving a Comprehensive Translational Approach. In press, *Journal of Cardiovascular Translational Research*, 2009.
Menchetti M, Belvederi MM, Bertakis KD, Bortolotti B, Berardi D. Recognition and Treatment of Depression in Primary Care: Effect of Patients Presentation and Frequency of Consultation. *Journal of Psychosomatic Research* 2009;66:335-341.
Wilsey BL, Fishman S, Ogden C, Tsodikov A, Bertakis KD. Chronic Pain Management in the Emergency Department: A Survey of Attitudes and Beliefs. *Pain Medicine* 2008; 9:1073-1080.

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