



Jose Francisco Abad, M.D.

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| Philosophy of Care | My role as your physician is to facilitate your health and well being. I believe the body has an immense capacity to heal itself (in many regards) and I want to help you reach that potential. |
| Clinical Interests | Preventative care, adolescent care, and Women's Health including prenatal care. How to incorporate mindfulness and medical narrative into clinic practice. |
| Title | Associate Physician |
| Specialty | Family and Community Medicine |
| Department | Family and Community Medicine UC Davis Medical Group |
| Division | Family and Community Medicine UC Davis Medical Group, Folsom |
| Clinic | UC Davis Medical Group, Campus Commons UC Davis Medical Group, Folsom |
| Center/Program Affiliation | UC Davis Medical Group |
| Address/Phone | UC Davis Medical Group - Folsom, 271 Turn Pike Dr. Folsom, CA 95630 Phone: 916-985-9300 UC Davis Medical Group - Sacramento (Campus Commons), 500 University Avenue, Ste. 220 Sacramento, CA 95825 Phone: 916-286-8700 |
| Additional Phone | Physician Referrals: 800-4-UCDAVIS (800-482-3284) |
| Languages | Spanish |
| Education | M.D., University of Massachusetts Medical School, Worcester, Massachusetts, 2009 B.A., Amherst College, Amherst, Massachusetts, 2003 |
| Internships | UC Davis Medical Center, Sacramento, CA, 2010 |
| Residency | UC Davis Medical Center, Sacramento, CA, 2012 |
| Board Certifications | American Board of Family Medicine, 2012 |



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Professional Memberships American Academy of Family Physicians

Honors and Awards Active Teaching in Family Medicine presented by AAFP, 2011

Select Recent Publications Abad JF, Benjamin S. Insomnia. 5 Minute Clinical Consult. 2009.
Abad JF. A Learner's Perspective on the Value of the Humanities in Medicine. Worcester Medicine. Worcester District Medical Society. May/June 2009.
Dorn SD, Abad JF, Panagopoulos G, Korelitz BI. Clinical Characteristics of familial versus sporadic Crohn's disease using the Vienna Classification. Inflamm Bowel Dis. 2004 May;10(3):201-6.

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