Erik Fernandez y Garcia, M.D., M.P.H.

Philosophy of Care

It is Dr. Fernandez y Garcia's goal to address pediatric healthcare and health maintenance through the lens of family dynamics and cultural humility. He strives to form cooperative relationships with the parents of patients and their communities to ensure that his patient (the child) reaches his or her fullest potential.

He hopes to propagate this philosophy by teaching pediatric residents at the UC Davis General Pediatric Clinic and the Wellspace Oak Park Clinic, and UC Davis medical students in the "Transforming Education and Community Health for Medical Students" (TEACH-MS program). He also brings this philosophy of care to his research in pediatric-based intergenerational mental healthcare.

Clinical Interests

Dr. Fernandez y Garcia's clinical interests include asthma, nutrition and sports medicine.

Research/Academic Interests

Dr. Fernandez y Garcia's research interests focus on racial and ethnic healthcare disparities, parental depression identification and reduction of parental depression in pediatrics, and residential cultural competency education.

Title

Associate Professor of Clinical Pediatrics

Specialty

Pediatric General

Department

Pediatrics

Division

General Pediatrics

Center/Program Affiliation

Center for Healthcare Policy and Research
UC Davis Children's Hospital
UC Davis Medical Group

Address/Phone

Glassrock Building, 2521 Stockton Blvd. Suite 2200 Sacramento, CA 95817
Phone: 916-734-3112

Additional Phone

Physician Referrals: 800-4-UCDAVIS (800-482-3284)

Languages

Spanish

Education

M.D., UCLA School of Medicine, Los Angeles, California, 1999
M.P.H., UCLA, Los Angeles, California, 2000
B.S., St. Mary's College of California, Moraga, California, 1995

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Erik Fernandez y Garcia, M.D., M.P.H.

Residency

Children's Hospital and Research Center, Oakland, California, 2003

Fellowships

Children's Hospital and Research, Oakland, California, 2004
National Institute of Mental Health, Sacramento , CA, 2008-2010
Teaching Scholars Program and Primary Care Outcomes Research, UC Davis School of Medicine, Sacramento, CA, 2006-2008
UC Davis School of Medicine, Sacramento, CA, 2007
UC Davis School of Medicine, Sacramento , CA, 2010-2013

Board Certifications

American Board of Pediatrics, 2004

Professional Memberships

American Academy of Pediatrics - Fellow (FAAP)
Board Member, Sacramento Latino Medical Association (SaLMA)

Honors and Awards

Recognition for Leadership on the Council of Medial Societies, 2013
Ambassador of Diversity-UC Davis Health System/School of Medicine, 2007
Faculty Teaching Award – UC Davis Pediatric Residency Program, 2006
Dr. Charles R. Drew Award – Charles R. Drew University of Medicine and Science's highest award for exemplary combination of compassion and academic excellence over all years of training, 1999
Primary Care Research Award, Charles R. Drew University of Medicine and Science, 1999

Select Recent Publications

Fernandez y Garcia E, Duberstein PR, Paterniti D, Cipri CS, Kravitz RL, and Epstein RM. Feeling Labeled, Judged, Lectured, and Rejected by Family and Friends over Depression: Cautionary Results for Primary Care Clinicians from a Multi-Centered, Qualitative Study. *BMC Family Practice* 2012, 13:64

Fernandez y Garcia E, Breslau J, Hansen R and Miller EM. Unintended Consequences: An Ethnographic Narrative Case-Series Exploring Language Recommendations for Bilingual Families of Children with Autism Spectrum Disorders. *Journal of Medical Speech Language Pathology*. June, 2012/# 20.2

Fernandez y Garcia E, Franks PR, Jerant T, Bell RA, and Kravitz RL. Depression Treatment Preferences of Hispanic Individuals: Exploring the Influence of Ethnicity, Language and Explanatory Models. Journal American Board of Family Medicine 2011 Jan-Feb; 24(1): 39-50

Fernandez y Garcia E, LaCaze C, and Ratansen M. Continuous Quality Improvement for Postpartum Depression Screening and Referral. Pediatrics International 2011 April; 53 (2): 277-279

Bell RA, Franks P, Duberstein PR, Epstein RM, Feldman MD, Fernandez y Garcia E, and Kravitz RL. Suffering in Silence: People's Reasons for Not Disclosing Depression in Primary Care. *Annals of*

Erik Fernandez y Garcia, M.D., M.P.H.

Family Medicine 2011 September-October;9(5):439-446

Timmer SG, Ho L, Urquiza AJ, Zebell NM, Boys D, Fernandez y Garcia E, and Thompson D. The Effectiveness of Patient-Child Interactive Therapy with Depressed Mothers: the Changing Relationship as the Agent of Individual Change. Child Psychiatry Human Development 2011 August; 42 (4): 406-423

Fernandez y Garcia E, Nguyen H, Duan N, Gabler NB, and Kravitz RL. Assessing Heterogeneity of Treatment Effects: Are Authors Misinterpreting Their Results? Health Services Research 2010 Feb; 45(1):283-301

Fernandez y Garcia E. Screening for maternal depression past the postpartum period in pediatric settings: some answers to pediatricians' common questions and concerns. California Pediatrician. Summer 2010; 26 (1): 26-28

Lau KK, Fernandez y Garcia E, et al. Bilateral renal venous thrombosis and adrenal hemorrhage: sequential prenatal ultrasound with postnatal recovery. Pediatric Radiology. 2007 Sep;37(9):912-5. PMID: 17546451

Tervalon, M and Fernandez, E. Cultural Humility: a contribution to health professional education in Nutritional Genomics. In Nutrigenomics: Discovering the Path to Personalized Nutrition. Editors: Kaput, J and Rodriguez, RL. Wiley Sons. 2006.

Fernandez, E. Learning about diverse cultural traditions: frameworks to move from appreciation to action. California Pediatrician. Fall 2004; 20(2):18-19

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