

Erik Orlando Fernandez y Garcia, M.D., M.P.H.

Philosophy of Care

It is Dr. Fernandez y Garcia's goal to address pediatric healthcare and health maintenance through the lens of family dynamics and cultural humility. He strives to form cooperative relationships with the parents of patients and their communities to ensure that his patient (the child) reaches his or her fullest potential.

He hopes to propagate this philosophy by teaching pediatric residents at the UC Davis General Pediatric Clinic and the Wellspace Oak Park Clinic, and UC Davis medical students in the "Transforming Education and Community Health for Medical Students" (TEACH-MS program). He also brings this philosophy of care to his research in pediatric-based intergenerational mental healthcare.

Dr. Fernandez y Garcia is a Sacramento native who has come back to work in his community.

Clinical Interests

Dr. Fernandez y Garcia's clinical interests include asthma, nutrition and sports medicine.

Research/Academic Interests

Dr. Fernandez y Garcia's research interests focus on racial and ethnic healthcare disparities, parental depression identification and reduction of parental depression in pediatrics, and residential cultural competency education.

Title Associate Professor of Clinical Pediatrics

Specialty [Pediatrics General](#)

Department [Pediatrics](#)

Division General Pediatrics

Center/Program Affiliation [Center for Healthcare Policy and Research](#)

[UC Davis Children's Hospital](#)

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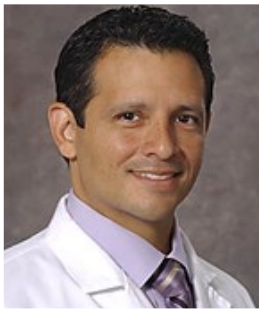
Phone: 916-734-3112

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Languages Spanish

Education M.D., UCLA School of Medicine, Los Angeles CA 1999

M.P.H., UCLA, Los Angeles CA 2000



Erik Orlando Fernandez y Garcia, M.D., M.P.H.

B.S., St. Mary's College of California, Moraga CA 1995

Residency General Pediatric, Children's Hospital and Research Center, Oakland CA 200-2003

Fellowships Office of Multicultural Health, Children's Hospital and Research, Oakland CA 2003-2004
National Institute of Mental Health, Sacramento CA 2008-2010
Teaching Scholars Program and Primary Care Outcomes Research, UC Davis School of Medicine, Sacramento CA 2006-2008
UC Davis School of Medicine, Sacramento CA 2007
UC Davis School of Medicine, Sacramento CA 2010-2013

Board Certifications American Board of Pediatrics, 2004

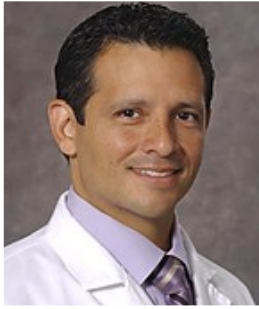
Professional Memberships Alpha Omega Alpha, Medical Honor Society
American Academy of Pediatrics - Fellow (FAAP)
Board Member, Sacramento Latino Medical Association (SaLMA)
Society for Pediatric Research

Honors and Awards Recognition for Leadership on the Council of Medial Societies, 2013
Ambassador of Diversity-UC Davis Health System/School of Medicine, 2007
Faculty Teaching Award ? UC Davis Pediatric Residency Program, 2006
Dr. Charles R. Drew Award ? Charles R. Drew University of Medicine and Science?s highest award for exemplary combination of compassion and academic excellence over all years of training, 1999
Primary Care Research Award, Charles R. Drew University of Medicine and Science, 1999

Select Recent Publications Li E, Freedman LR, Fernandez y Garcia E, and Miller E. Faith-based organizations' perspectives on adolescent relationship abuse. Violence Against Women. 2015 Oct 14. [Epub ahead of print]

Fernandez y Garcia E, Joseph J, Wilson MD, Hinton L, Simon G, Ludman E, Scott F, Kravitz RL. Pediatric-based intervention to motivate mothers to seek follow-up for depression screens: The Motivating Our Mothers (MOM) trial. Acad Pediatr. 2015 May-Jun;15(3):311-8.

Fernandez y Garcia E. Immolation of Emulation. Med Humanities. 2015;41(1):e7.



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Fernandez y Garcia E, Lau KK. A lack of living donor renal transplantation for Asian children represents an opportunity to improve pediatric healthcare. *J Natl Med Assoc.* 2013 Summer;105 (2):196-200.

Fernandez y Garcia E, Duberstein PR, Paterniti D, Cipri CS, Kravitz RL, and Epstein RM. Feeling Labeled, Judged, Lectured, and Rejected by Family and Friends over Depression: Cautionary Results for Primary Care Clinicians from a Multi-Centered, Qualitative Study. *BMC Family Practice.* 2012;13:64.

Fernandez y Garcia E, Breslau J, Hansen R and Miller EM. Unintended Consequences: An Ethnographic Narrative Case-Series Exploring Language Recommendations for Bilingual Families of Children with Autism Spectrum Disorders. *Journal of Medical Speech Language Pathology.* June, 2012/# 20.2.

Fernandez y Garcia E, Franks PR, Jerant T, Bell RA, and Kravitz RL. Depression Treatment Preferences of Hispanic Individuals: Exploring the Influence of Ethnicity, Language and Explanatory Models. *Journal American Board of Family Medicine.* 2011 Jan-Feb; 24(1): 39-50.

Fernandez y Garcia E, LaCaze C, and Ratansen M. Continuous Quality Improvement for Postpartum Depression Screening and Referral. *Pediatrics International.* 2011 April; 53 (2): 277-279.

Timmer SG, Ho L, Urquiza AJ, Zebell NM, Boys D, Fernandez y Garcia E, and Thompson D. The Effectiveness of Patient-Child Interactive Therapy with Depressed Mothers: the Changing Relationship as the Agent of Individual Change. *Child Psychiatry Human Development.* 2011 August; 42 (4): 406-423.

Fernandez y Garcia E, Nguyen H, Duan N, Gabler NB, and Kravitz RL. Assessing Heterogeneity of



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Treatment Effects: Are Authors Misinterpreting Their Results? Health Services Research. 2010 Feb; 45(1):283-301.

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