



Carol Vandenakker-Albanese, M.D.

Clinical Interests

Dr. Vandenakker-Albanese has clinical interests in diagnosis and non-operative care of spine conditions and problems related to sequelae of polio. She has extensive experience working with a team of spine specialists to provide patients with consultation, an accurate diagnosis and the most effective treatments and therapies available. Dr. Vandenakker-Albanese is well-known for her expertise in post-polio syndrome and established the UC Davis Post-Polio Clinic in 2001. Dr. Vandenakker-Albanese emphasizes patient education regarding their conditions to promote self-management and patient directed care. She speaks locally, nationally and internationally on topics related to spine care and the management of polio-related conditions. She reviews manuscripts for multiple medical journals and has authored several book chapters and peer-reviewed journal publications on topics relating to aging with disability, and rehabilitation of spine and post-polio conditions.

As the department's Mentoring Director and Residency Program Director, she promotes quality medical education and fosters professional development.

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| Title | Professor Residency Program Director |
| Specialty | Physical Medicine and Rehabilitation |
| Department | Physical Medicine and Rehabilitation |
| Division | Physical Medicine and Rehabilitation |
| Center/Program Affiliation | Spine Center |
| Address/Phone | Cannery Building, Spine Center, 3301 C St. Suite 1500 Sacramento, CA 95816 Phone: 916-734-7463 |
| Additional Phone | Physician Referrals: 800-4-UCDAVIS (800-482-3284) |
| Education | M.D., Oral Roberts University, Tulsa OK 1986 B.S., Oral Roberts University, Tulsa OK 1980 |
| Internships | Internal Medicine, St. Lukes-Roosevelt Hospital, Columbia University, New York NY 1986-1987 |
| Residency | Physical Medicine and Rehabilitation, Rusk Institute of Rehab Medicine, New York University |



Carol Vandenakker-Albanese, M.D.

Medical Center, New York NY 1987-1990

Board Certifications American Board of Physical Medicine and Rehabilitation, 1991

Professional Memberships American Academy of Physical Medicine and Rehabilitation
Association of Academic Physiatrists
International Society of Physical and Rehabilitation Medicine
North American Spine Society

Honors and Awards David D. Kilmer Faculty Teaching Award, 2014

Select Recent Publications Vandenakker-Albanese, C: Post-Polio Syndrome. AAPM%26amp%3BR Knowledge Now, 2013.

Siegel L, Vandenakker Albanese C, Siegel D: Anterior Cruciate Ligament Injuries: Anatomy, Physiology, Biomechanics, and Management. Clin J Sport Med. 2012 July;22(4):349-355.

Moore MN, Vandenakker Albanese C, Hoffman MD: Use of Partial Body-Weight Support for Aggressive Return to Running after Lumbar Disk Herniation: A Case Report. Archives of Physical Medicine and Rehabilitation. 2010; 91: 803-805.

Grimby G, Li J, Vandenakker C, Sandel ME: Post-Polio Syndrome: A Perspective from Three Countries. Physical Medicine and Rehabilitation. 2009; 1:103 5-1040.

Vandenakker C, Glass D: Menopause and Aging with a Disability. Phys Med Rehab Clin North Am. 2001;12:1.

Vandenakker C: Brown-Sequard Syndrome. emedicine.com. Physical Medicine and Rehabilitation. 2001.

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