Jose Francisco Abad, M.D.

Philosophy of Care	My role as your physician is to facilitate your health and well being. I believe the body has an immense capacity to heal itself (in many regards) and I want to help you reach that potential.
Clinical Interests	Preventative care, adolescent care, and Women's Health including prenatal care. How to incorporate mindfulness and medical narrative into clinic practice.
Title	Associate Physician
Specialty	Family and Community Medicine
Department	Family and Community Medicine UC Davis Medical Group
Division	UC Davis Medical Group, Folsom Family and Community Medicine
Clinic	UC Davis Medical Group, Folsom
Center/Program Affiliation	UC Davis Medical Group
Address/Phone	UC Davis Medical Group - Folsom, 271 Turn Pike Dr. Folsom, CA 95630 **Phone:** 916-985-9300
Additional Phone	Physician Referrals: 800-4-UCDAVIS (800-482-3284)
Languages	Spanish
Education	M.D., University of Massachusetts Medical School, Worcester, Massachusetts, 2009 B.A., Amherst College, Amherst, Massachusetts, 2003
Internships	UC Davis Medical Center, Sacramento, CA, 2010
Residency	UC Davis Medical Center, Sacramento, CA, 2012
Board Certifications	American Board of Family Medicine, 2012
Professional Memberships	American Academy of Family Physicians
Honors and Awards	Active Teaching in Family Medicine presented by AAFP, 2011
Select Recent Publications	Abad JF, Benjamin S. Insomnia. 5 Minute Clinical Consult. 2009. Abad JF. A Learner's Perspective on the Value of the Humanities in Medicine. Worcester Medicine.

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Worcester District Medical Society. May/June 2009.

Dorn SD, Abad JF, Panagopoulos G, Korelitz BI. Clinical Characteristics of familial versus sporadic Crohn's disease using the Vienna Classification. Inflamm Bowel Dis. 2004 May;10(3):201-6.

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