



Jose Francisco Abad, M.D.

Philosophy of Care	My role as your physician is to facilitate your health and well being. I believe the body has an immense capacity to heal itself (in many regards) and I want to help you reach that potential.
Clinical Interests	Preventative care and adolescent care. How to incorporate mindfulness and medical narrative into clinic practice.
Title	Associate Physician
Specialty	Family and Community Medicine
Department	Family and Community Medicine UC Davis Medical Group
Division	UC Davis Medical Group, Davis
Clinic	UC Davis Medical Group, Davis
Center/Program Affiliation	UC Davis Medical Group
Address/Phone	UC Davis Medical Group - Davis (West Covell Boulevard), 2660 W. Covell Blvd. Suites A, B & C Davis, CA 95616 Phone: 530-747-3000
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Languages	Spanish
Education	M.D., University of Massachusetts Medical School, Worcester MA 2009 B.A., Amherst College, Amherst MA 2003
Internships	UC Davis Medical Center, Sacramento CA 2010
Residency	UC Davis Medical Center, Sacramento CA 2012
Board Certifications	American Board of Family Medicine, 2012
Professional Memberships	American Academy of Family Physicians
Honors and Awards	Society of Teachers of Family Medicine Resident Teacher Award, 2012 Active Teaching in Family Medicine presented by AAFP, 2011



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Select Recent Publications

Abad JF, Benjamin S. Insomnia. 5 Minute Clinical Consult. 2009.

Abad JF. A Learner's Perspective on the Value of the Humanities in Medicine. Worcester Medicine. Worcester District Medical Society. May/June 2009.

Dorn SD, Abad JF, Panagopoulos G, Korelitz BI. Clinical Characteristics of familial versus sporadic Crohn's disease using the Vienna Classification. Inflamm Bowel Dis. 2004 May;10(3):201-6.

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