



**UC Davis/UC Irvine Train New Trainers  
Clinician Health and Wellbeing  
Fellowship Program**



The TNT CHWB Fellowship is a six month long clinical education program for trainees and providers who wish to receive advanced training in physician health and wellbeing.

**Who Benefits?**

Providers in all medical specialties could benefit from this fellowship, especially Internal medicine, Family medicine, Psychiatry, Emergency medicine, Neurology, Physician assistants, Nurse practitioners, and Psychiatric nurses.

**Curriculum**

The curriculum includes 26 required hours of training and will lead to a certificate of completion from the UC Davis Department of Psychiatry and Human Behavior:

- One weekend teaching session in Sacramento, CA
- One hour per month of individualized, in-person or teleconferenced mentoring sessions with a TNT fellowship faculty member/mentor
- Twice-per-month, live case-based discussions. Learning sessions are held on the second and fourth Monday of each month from 12:00 pm – 1:00 pm (PST) via teleconference.

**Goals of TNT CHWB Fellowship**

Trainees will learn:

- About solutions and treatments for burnout, depression, anxiety and substance disorders that commonly affect physicians and other providers
- About organizational and individual clinician preventive health approaches to ensure good personal health and continuing fitness to practice
- How to engage, treat, and monitor impaired clinicians
- How to teach TNT principles to their colleagues

This is not a traditional or Accreditation Council for Graduate Medical Education (ACGME) approved fellowship.

Core Topics Include:

- Suicide and the Professional Culture of Medicine
- Anxiety, Engagement in Treatment, and the impact of Second Victims
- Aging Physicians and Cognitive Screening
- Caring for Potentially Impaired Physicians- Systemic and Organizational Solutions
- Resilience and Individual Preventive Solutions
- Burnout and Depression
- Alcohol Use Disorders
- Substance Use Disorders
- Personality Disorders and Disruptive Physicians
- How Individual Physicians Should Treat Their Colleagues

**2020 Tuition: \$7,500 per fellow**

For more information email

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